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Weekend, February 11-13, 2011
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News worth sharing.



▶ North Preston's Jason Downey poses for a photo at Jim's Gym in Lower Sackville on Thursday. Downey and the rest of Nova Scotia's athletes are ready for the Canada Winter Games to begin.

RYAN TAPLIN/METRO

Ready to show what it can do

▶ Team Nova Scotia eyes best finish yet at two-week event ▶ Canada Games begins Friday night with opening ceremonies, event action starts Saturday



MATTHEW WUEST
@METRONEWS.CA

Some want to own the podium. Others wouldn't even dream of it.

As the Canada Winter Games get underway in Halifax and surrounding areas on Friday, Team Nova Scotia's expectations vary widely depending on sport.

"We can tear the roof off it if things go well," said judo head coach Scott Tanner. "We could be up there with five or six medals if we perform the way we should."

"I would not be shocked if we won seven medals," chimed in boxing head coach Wayne Gordon.

"I would be pleasantly surprised, but all seven athletes expect to be on the podium."

Judo, with one, and boxing, with four, accounted for most of Nova Scotia's seven medals in an eighth-place finish at the 2007 Winter Games in Whitehorse.

But the exuberance of Tanner and Gordon might be more the exception than the rule. Many others, such as badminton head coach Gary MacDougall, are eyeing fifth- to eighth-place finishes as a benchmark for success.

"They're all in a different evolution (as far as) where they are nationally," said chef de mission Frank Garner. "Some just are more advanced, some have a tradition."

Nova Scotia's record for medals is 21, set in 1991, while its best medal finish is sixth, set in 1979. Its best finish in flag points is seventh.

Regardless of each team's expectations, Garner said double-digit medal total and a first-place finish among Atlantic Canadian provinces are achievable targets.

"We're optimistic," he said. "I think we'll do well and I think we'll do better than we've ever done in a Winter Games.

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▶ Kyle Little, middle, and Amy Richards, right, join around 170 others in making snow angels on the Garrison Grounds below Citadel Hill in Halifax on Thursday.

RYAN TAPLIN/METRO

Life gives you snow, make snow angels

Close to 200 people lay down in snow at Garrison Grounds to become part of history ◐ Enthusiastic atmosphere as young and old make snow angels ◐ Organizers say poor weather conditions may have reduced projected numbers in other locations around province

SHELBY MCDONALD
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During his lunch hour on Thursday, Gordon Richardson received an email to go make a snow angel.

An odd request indeed, but a half hour later there was the Dartmouth resident flapping his arms and legs in the snow on the Garrison Grounds.

"I thought, 'Oh jeez, it's right across the street ... I might as well go do it myself,'" he said. Richardson wasn't the only one, either.

About 30,000 people in over 200 locations across Nova Scotia pledged to make snow angels at 1 p.m. on Thursday.

The reason was to break the Guinness World Record for the most snow angels made simultaneously in multiple locations. The current record is 15,851, which was made in Ontario in 2004.

The snow angel challenge was a part of Recreation Nova Scotia's Take the Roof of Winter campaign. Recreation Nova Scotia's executive director Rhonda Lemire said the goal of the campaign is to encourage people to be active outdoors in the winter months.

"We've had a good winter this year, and it's great to get out and enjoy it," Richardson said, before making his snow angel.

Saint Mary's elementary schools teachers and students also took part on the Garrison Grounds, one of several locations in HRM.

"To get outside and enjoy the weather," Saint Mary's primary teacher Carol Blair said as to why they came out. "It's to be active and to be a part of something they will remember."

Numbers

▶ **Tally** By late Thursday, organizers were still tallying the numbers to see if they had actually broken the record and couldn't give an official word

1 news

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Games security co-head resigns

Games CEO defends safety preparedness as local cop steps down from co-head security position ◆ Another Halifax officer staying in position

The CEO of the Canada Winter Games in Halifax is defending security preparations for the event as it gets underway.

Chris Morrissey confirmed Thursday that Dave Worrell, co-head of security for the Games, has resigned over concerns there is not enough security for the two-week event that opens Friday.

"Unfortunately, there's a difference of opinion," Morrissey said in an interview. "Dave thought to go his own way, but I'm comfortable based on my Canada Games experience ... and the feedback we've been receiving that we are meeting, if not exceeding, some of the Canada Games standards.

"This will be a very safe environment for all participants involved in the Games."

Worrell, a Halifax police officer, told Global News that he resigned because he is uncomfortable with what he called significant cuts to the original security plan.

Worrell told Global the Games only has 20 per cent of the security staff needed to oversee the event and there is a shortage of cellphones, cars and other equipment.

But Morrissey said the number of security staff for the Halifax Games is "very close" to that of previous Games and it will be a safe environment for all athletes and spectators.

THE CANADIAN PRESS

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▶ Mayor Peter Kelly (right) raises the Canada Games flag in Grand Parade Square this week.

▶ Chris Morrissey said 5,000 people have volunteered for the Games — including other police officers — and "a very large" portion of those are involved in security.

CANADA GAMES

Parking a spot of bother

Finding a parking spot for the Canada Games will be a competition itself.

RCMP say there will be temporary parking restrictions and road closures to keep routes open for team buses and emergency vehicles. Most tie-ups will be on HRM streets close to the Athletes' Village, Canada Games Oval and Saint Mary's University.

There will also be parking restrictions on the entrances to Ski Martock and Ski Wentworth.

But Metro Transit is stepping up and offering free transit to anyone with an accreditation badge or a full-event games pass.

The Alderney ferry will have additional evening service after the opening ceremonies on Friday and for concerts on Feb. 19 to 26. ● JENNIFER TAPLIN

Proving ground for HRM as host

When hundreds of young athletes file into the Halifax Metro Centre to officially open the Canada Winter Games on Friday night, they will be ready to show the country what they've got.

But there's another major player not found on any roster that also has something to prove during these Games on the national stage: the host city.

Nearly four years ago, Halifax infamously dropped out of the race to host the 2014 Commonwealth Games, saying the price tag of $1.7 billion was simply too high.

Before the abandoned bid, Atlantic Canada's largest city had been considered by many as the favourite to win the games, which were ultimately awarded to Glasgow, Scotland.

▶ On Friday night, preparations ongoing for years behind the scenes will culminate in front a national audience during the opening ceremonies, which will be broadcast live on TV.

"Definitely, we're trying to regain some reputation of hosting world-class events," says Chris Morrissey, CEO of the Halifax 2011 Canada Games. "Showing our capabilities will put us back on the map and regain some of the reputation that was lost or tarnished through the Commonwealth Games bid."

Halifax, he notes, has a long history of successfully hosting major single-sport events, including the IIHF World Junior Hockey Championship in 2003.

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CRIME

3rd person charged in stabbing

Police have charged a third person in relation to a stabbing last weekend in Fairview that sent a 21-year-old man to hospital with serious injuries. Halifax Regional Police say Tereeko Pyke, a 19-year-old from Halifax, turned himself into HRP headquarters on Wednesday morning. Two other men, 24-year-old Cordell Avlin Pyke of Halifax, and an unnamed 21-year-old, have also been charged in relation to the stabbing. All three men face charges of attempted murder, aggravated assault and possession of a weapon for a dangerous purpose.
Just after 10:30 p.m. on Saturday, police responded to a residence on Evans Avenue in in relation to the stabbing.

METRO

Atlantis awarded tidal turbine deal

RYAN TAPLIN/METRO



▶ Premier Darrell Dexter answers questions at a press conference in this file photo from last year.

Atlantis, Lockheed Martin, Irving beat out four other companies



ALEX BOUTILIER
@METRONEWS.CA

The province has awarded the final of four berths in the New Minas Basin to tidal turbine builders Atlantis Resources Corporation.

The U.K.-based company plans to build and deploy their AK-1000 Mark II turbine, one of the largest turbines in the world, in the summer of 2012.

They'll be partnered on the project with Irving Shipbuilding and Lockheed Martin in the development and fabrication of the turbine.

Atlantis CEO Tim Cornelius said operating in the Bay of Fundy — where more than 160-billion tonnes of water flow twice daily — will present unique challenges.

"We understand that this is an incredibly harsh environment," he said at a press conference Thursday.

"We want to talk to all the berth developers to understand more about their local experience, and we also desperately need to work hand and glove with the (Fundy Ocean Research Centre for Energy) facility."

Three other companies hold berths in the Minas Basin — Minas Basin Pulp and Power, Alstom, and Nova Scotia Power Inc. Only NSPI has tested a prototype turbine — which was badly damaged in December.

Premier Darrell Dexter shied away from saying the most successful turbine producer will get sole development rights in the future.

"What we want to do is see all of the partners in FORCE get their best possible result on this project, and the best result for Nova Scotia," he said.

"No avenue has been foreclosed at this point."

Atlantis and Lockheed Martin will partner on the design of the turbine, which will then be built at the Irving's Woodside facility.

Estimates

▶ **Phase 1** Tim Cornelius estimates the cost of Phase 1 of the project is upwards of $5-million and $10-million.

Facing a rough environment

Atlantis Resources Corp. has only tested one other AK-1000 turbine to date — at the European Marine Energy Centre in Scotland's Orkney Islands. The project met with some difficulty.

"It was deployed in August (2010), and we elected to retrieve the (turbine) prior to energization," said Cornelius. He explained the turbine's blades had a manufacturing flaw which necessitated correcting. Despite this, Cornelius said he's implicitly confident that the Bay of Fundy turbine will be able to hold up to the rough environment.

"The reality is: ask us after we've been here for six months."

ALEX BOUTILIER

Gas tax for centre not on table: MLA

Infrastructure Minister Bill Estabrooks is questioning using federal gas tax money to fund a new hockey arena in Quebec City.

But Estabrooks added the issue was "between the City of Quebec, the province of Quebec, and the federal government."

Estabrooks also said the Nova Scotian government isn't looking to access those funds as a possible Plan B for the downtown convention centre. "We have a process underway, a process that's going to reach culmination ... but at this stage it's not something (the province) is considering," Estabrooks said on Thursday. The province has applied under the Building Canada Fund for the $46-million federal contribution for the convention centre. The federal government floated the idea of using the $2-billion a year gas tax fund as a way to contribute to the new arena in Quebec, which hopes to lure back an NHL franchise.The fund is typically used for public transit, road and bridge improvements, green energy projects and wastewater infrastructure. Estabrooks said he doesn't think funding a stadium would be the proper use of those funds. "As a transportation minister I have certain needs, particularly when it comes to road and bridge improvements ... and not diverting money from gas taxes to some of the suggestions I have heard from Quebec," he said.

ALEX BOUTILIER

Stadium

▶ **Estabrooks** said he has not been approached by the municipality to help fund a new stadium, but looks forward to seeing a business model when it's ready.







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Actual fuel consumption may vary based on road conditions, vehicle loading and driving habits. **Qualified retail customers on approved credit from Ford Credit (not all buyers will qualify for the lowest APR payment), may purchase/finance a 2011 Ford [Focus SE Manual/Fiesta SE 4-Door Manual] for [$17,999/$16,099], a monthly payment of [$250/$244.53] (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of [$115.38/$112.86] for 72 months with a down payment of $0. Down payment may be required based on approved credit. Cost of borrowing is [$0/$1,530.16] or APR of [0%/2.99%] and total to be repaid is [$17,999/$17,606.16]. All purchase finance offers exclude optional features, freight & Air Tax [$1,550/$1,590], license, fuel fill charge, insurance, PDI, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. Taxes are payable on the full amount of the purchase price. Bi-weekly payments are only available using customer initiated PC (Internet Banking) or Phone Pay system through the customer's own bank (if offered by that financial institution). The customer is required to sign a monthly payment contract with a first payment date one month from the contract date and to ensure that the total monthly payment occurs by the payment due date. Bi-weekly payments can be made by making payments equivalent to the sum of 12 monthly payments divided by 26 bi-weekly periods commencing on the contract date. **Purchase a new 2011 Fusion SE Manual for $19,199. Taxes payable on full amount of purchase price. Offer excludes freight and air tax $1,550, license, fuel fill charge, insurance, PDI, registration, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. †Lease a new 2011 Fiesta SE 5-Door Manual and get 3.99% LAPR for up to 48 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Example: $16,799 at 3.99% LAPR for 48 months with $0 down payment or equivalent trade-in, monthly payment is $244.20, total lease obligation is $11,721.60, optional buyout is $5,077.40, cost of leasing is $1,895.04, or 3.99% LAPR. Example based on no trade-in or down payment. Taxes payable on full amount of lease financing price after any price adjustment is deducted. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions of 80,000 km over 48 months apply. A charge of 12 cents per km over mileage restrictions applies. ^Program in effect from Jan. 4/11 to Mar. 31/11 (the "Program Period"). To qualify for a Ford Recycle Your Ride Program ("RYR") rebate ("Rebate(s)"), customer must qualify for and take retail delivery from dealer stock of an Eligible Vehicle during the Program Period. Customer must have owned and registered in his/her name for the preceding 1 year a 1995 model year or older vehicle that is in running condition (able to start and move) for the preceding 1 year. Vehicle must be scrapped at participating dealership. Customer must provide proof of ownership and insurance. Vehicle must be validated by dealer as eligible for RYR Rebate. Limit of one (1) RYR Rebate per household. Rebate amount is deducted from the purchase price of an Eligible Vehicle before taxes are calculated. Rebate is available to residents of Canada only excluding Northwest Territories, Yukon Territory, and Nunavut. Eligible Vehicle must be purchased, leased, or factory ordered during the Program Period to qualify for a Rebate. Rebates can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Rebates not available on any vehicle receiving CPA, GPC, Commercial Connection, or Daily Rental Rebates and Commercial Fleet Incentive Program (CFIP). Limited time offer, see dealer for details or call Ford Customer Relationship Centre at 1-800-565-3673. © 2011 Ford Motor Company of Canada, Limited. All rights reserved. *Estimated fuel consumption ratings for the 2011 Fiesta 1.6L I4 5-Speed Manual/Focus Sedan 2.0L I4 5-Speed Manual/Fusion FWD 2.5L I4 6-Speed Manual. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption may vary based on road conditions, vehicle loading and driving habits.

News in brief

Police warn of travel scam

CRIME. Halifax police have issued a warning about a scam targeting people by offering travel and time-share memberships.

The scam, police say, involves asking people to sign up for a membership with promises of future travel discounts and free condominium accommodations.

Police say the victim must pay in advance, with the scammers never following through.

Those involved are believed to have knowledge in the travel businesses and have set up offices to come off as legitimate, police say. METRO

Fire sends 4 to hospital

KENTVILLE. Four people including two toddlers were sent to hospital after a late-night house fire in Annapolis Valley.

Firefighters went to the home on Linwood Avenue in Kentville after a 911 call from neighbours around 10:20 p.m. Wednesday.

Fire Chief Shawn Ripley says three of the injured people had to be rescued by firefighters.

He says the grease fire began in the kitchen, gutting the bottom half of the home and causing heavy smoke damage to the upper level.

THE CANADIAN PRESS

SPCA official accused of animal cruelty

YARMOUTH. The president of the SPCA in Yarmouth has been accused of animal cruelty and neglect.

Neil Hackett was suspended from his duties after the Nova Scotia SPCA received a complaint Tuesday.

Provincial executive director Kristin Williams says the complaint pertains to farm animals and pets in Hackett's care.

She says the RCMP are investigating.

THE CANADIAN PRESS

Economic optimism holding up in HRM

Research shows Haligonians are good with their money, feeling good about where the economy is going

BY THE NUMBERS

RICK EMBERLEY
HALIFAX@METRONEWS.CA



Folks in HRM expect the economy to stay level or continue to improve in the coming months.

According to recent surveys I've completed, about one-third of us expect things to get better and about two-thirds feel things will remain the same.

Only four per cent feel the economy will worsen.

This generally positive view is reflected in how people plan to manage their household budgets.

Eighty-three per cent of us state we do a good job of staying within our household budgets. That is markedly higher than the national number of closer to 70 per cent.

Almost 60 per cent of HRM residents report we are comfortable making a major household purchase in the current economic climate, and 67 per cent say we are confident we can save for our future.

This optimism seems to be contrary to some of the recent projections from governments and think-tanks that signal challenges ahead for those trying to manage their debt and save for retirement.

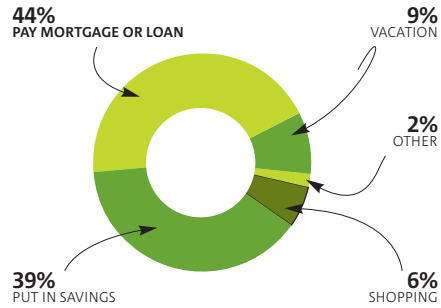
The polling numbers highlight that despite the general confidence in personal financial circumstances, attempting to pay down debt (26 per cent) is a top priority for HRM residents, followed by increasing their savings (24 per cent).

I asked residents what they would do if they unexpectedly came into $2,500. Forty-four per cent said they would apply it against a mortgage or loan and 39 per cent said they would put it into savings.

Maybe we're better at looking after our finances than the governments think and certainly better than looking after the governments' own budgets.

Rick Emberley is senior counsel at Marketquest-Omnifacts, an Atlantic Canada research firm. He has conducted public opinion research in the region for over 25 years.

If you unexpectedly came into $2,500, how would you most likely spend the money?



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Mubarak refuses to leave, hands powers to VP

- President says in speech he wants to 'protect' constitution
- Tears of disappointment, anger among protesters

AMR NABIL/THE ASSOCIATED PRESS FILE



▶ Hosni Mubarak

Egypt's Hosni Mubarak refused to step down or leave the country and instead handed his powers to his vice-president Thursday, remaining president and ensuring regime control over the reform process. Stunned protesters in central Cairo who demand his ouster waved their shoes in contempt and shouted, "Leave, leave, leave."

The rapidly moving events raised the question of whether a rift had opened between Mubarak and the military command.

Hours earlier, a council of the military's top generals announced it had stepped in to secure the country, and a senior commander announced to protesters in Tahrir Square that all their demands would soon be met, raising cries of victory that Mubarak was on his way out.

Several hundred thousand had packed into Tahrir Square, ecstatic with expectation that Mubarak would announce his resignation in his nighttime address.

Instead, they watched in shocked silence as he spoke, holding their foreheads in anger and disbelief. Some broke into tears. Others waved their shoes in the air in contempt.

After the speech, they broke into chants of "Leave, leave, leave."

Organizers called for even larger protests Friday.

After Mubarak's speech, approximately 2,000 people marched on the state television headquarters several blocks away from Tahrir, guarded by the military with barbed wire and tanks.

"They are the liars," the crowd shouted, pointing at the building, chanting, "We won't leave, they will leave."

THE ASSOCIATED PRESS

Families of fallen soldiers pay respect in Kandahar

Families of fallen Canadian soldiers are in Afghanistan paying respects to loved ones at Kandahar Airfield.

One by one, the families laid wreaths by the etched plaques that bear a likeness of soldiers who have died as part of the Afghan mission. One hundred and fifty-four Canadian soldiers, two aid workers, a journalist and a diplomat have died as part of the mission in Afghanistan.

The families of Pte. Braun Woodfield, Warrant Officer Richard Nolan, Cpl. Nicholas Bulger, Cpl. Joshua Baker, Petty Officer 2nd Class Craig Blake, Sgt. Martin Goudreault, Sgt. James MacNeil and Pte. Andrew Miller took part in the ceremony.

THE CANADIAN PRESS

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One hundred and fifty-four Canadian soldiers, two aid workers, a journalist and a diplomat have died as part of the mission in Afghanistan.

A.R. KHAN/THE CANADIAN PRESS



▶ A boy writes on a blackboard at a school in Kandahar's rural Daman district earlier this year.

LEGACY OF AFGHAN PROJECTS CALLED INTO QUESTION BY REPORT

Schools in Kandahar that were built or renovated on the Canadian government's dime have far fewer students than official enrolment numbers suggest, a Canadian Press investigation has found.

Unaccompanied visits to the schools where work has been completed lay bare the stark contrast between what appears on paper and the reality on the ground.

The government of Kandahar's school registry lists many thousands more students than there actually are in the classrooms of Canadian-funded schools across the province.

The findings call into question the efficacy of one of the Conservative government's legacy projects in southern Afghanistan.

Building, expanding or renovating 50 schools in Kandahar province is one of three so-called "signature projects" the Conservatives announced in the spring of 2008 in hopes of providing an additional measure of benefit to Canada's mission in Afghanistan, which is slated to end combat operations in July.

THE CANADIAN PRESS

Haiti waits for Aristide's possible return

Rumours about ousted president Jean-Bertrand Aristide's return have many Haitians rushing to the airport in recent days after Aristide requested and received a new passport after his nearly seven-year exile in South Africa. The eagerness for Aristide's return shows that the former slum priest remains a powerful symbol of hope for millions, even if others dread the return of instability that Haiti suffered under his rule.

Many believe he could arrive any day, heightening anxiety as well as anticipation as Haiti emerges from a political crisis a year after a devastating earthquake.

Through the years, Aristide's faithful have organized protests demanding his return. His name is often seen scrawled across UN peacekeeping fortresses. THE ASSOCIATED PRESS

Semen found in yogurt

Police have matched DNA taken from a 31-year-old man to semen found in a yogurt sample that was offered at an Albuquerque, N.M. grocery store.

Albuquerque Police Department spokeswoman Trish Hoffman said Thursday an investigation is continuing but the man faces a potential charge for battery. THE ASSOCIATED PRESS

Coastal living less healthy?

A new study suggests Canadians in low-income communities are twice as likely to have poor health if they live on the Atlantic or Pacific coasts.

The report was done by a researcher at St. Michael's Hospital in Toronto and is being published in this month's issue of Health and Place.

It found people in deprived neighbourhoods on the Atlantic coast were 20 per cent more likely to report poor health.

The figure rose to 30 per cent on the Pacific coast — more than twice that in the Prairies and Central Canada.

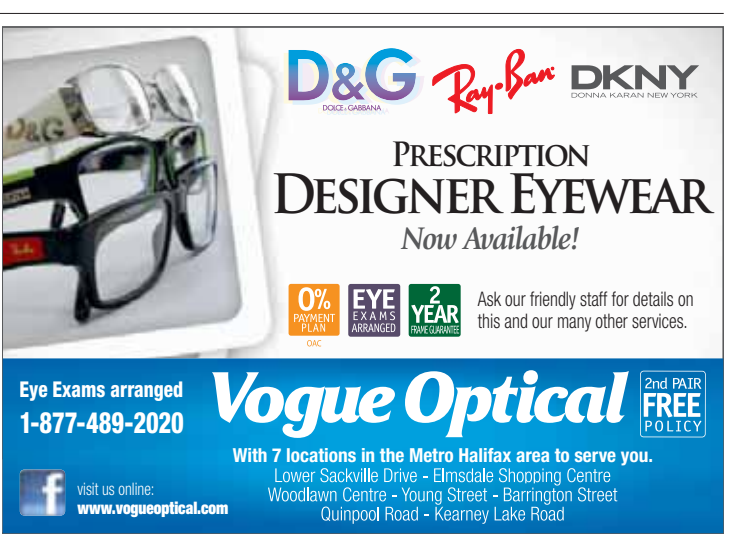
Researcher Heather White said the study shows that where people live plays a big role in how much they are affected, adding that the rates of addiction and mental-health disorders are higher in coastal areas.

White said people on both coasts have less access to health care, fresh and affordable food, and gyms or exercise facilities.

The study included data on 120,000 Canadians living in 3,700 urban neighbourhoods.

THE CANADIAN PRESS





Ignatieff a 'flip-flopper' on crime bill: Tories

'This bill isn't tough on crime, it's dumb on crime': Liberal leader

The battle lines were firmly drawn Thursday for a bitter federal election fight. With a possible election looming in spring, the Conservatives launched one of their toughest soft-on-crime offensives on the Opposition Liberals. But the Liberals punched right back.

Justice Minister Rob Nicholson blasted Liberal Leader Michael Ignatieff for deciding not to support a bill that would impose mandatory sentences for even minor drug crimes, repeatedly calling Ignatieff a "flip-flopper" on the issue.

The Liberals fired back, as the party's public safety critic, Mark Holland, accused the government of hiding the true cost of the bill, which many groups — from churches to healthcare workers and lawyers — also oppose.

"We cannot allow Canada to become California," Holland said. "States like California find themselves near bankruptcy, with policies they are desperate to undo … They have no money for health, no money for roads, no money for infrastructure."

Nicholson deflected several questions asking for the cost of Bill S-10, but some estimates say it will boost the prison population and the correctional service's tab by billions of dollars. THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS



▶ Rob Nicholson

Life in prison

- **The truth-in-sentencing** law limiting credit for pre-trial detention, passed in 2009, has helped push the prison population up by about 400 people this year, said Don Head, commissioner of the Correctional Service of Canada.
- **Bill S-10 will mean more** guards and more crowding in cellblocks, said Head, who adds he will have to hire 4,000 more people over the next two years.
- **Double-bunking in prisons** had been running at about 10 per cent for years, but has crept up to 13 per cent and could go as high as 20 per cent to 30 per cent, he said.



HARPER'S JUDGES

Questions have been raised about party politics in the judiciary after Brian Abrams and a raft of Conservatives were appointed to the bench last Friday. Abrams was named to Ontario's Superior Court of Justice less than two months after resigning as the Tory candidate in Kingston. That makes 39 judges with Tory ties appointed since 2008.
THE CANADIAN PRESS



*Offers and rebates available on 2010 Corolla. Toyota Financial Services (TFS) will match the customer's down payment or trade equity on 2010 Corolla models up to $500. The customer's down payment and up to $500 of TFS matched contribution must be applied as a non-cash credit to the amount being financed (i.e. payment will not be made directly to customer). The reduction must appear as a separate line item on the bill of sale provided to TFS and the customer. The Stackable Consumer Cash Incentive amounts CANNOT be used as the down payment on units receiving the TFS Down Payment Matching Program. The customer must provide their own down payment. The $500 contribution (excluding taxes) will be paid for by the Dealership for 2010 Corolla models. Only those customers who are financing or leasing through TFS are eligible for the TFS Down Payment Matching Program. Corolla CE lease based on a 60-month walk away lease and lease rate of 2.5% (Model BU42EP-B). First payment is due on delivery. Total lease obligation for Corolla CE of $13,575 with $765 down includes manufacturer contribution of $1,500 (including tax), Dealer contribution of $00 (including tax) and $500 (including tax) from the TFS Down Payment Matching Program. Purchase option price of $8,428 based on 120,000 kms. Lease includes a maximum of $1,390 for freight & P.D.E. All vehicle leases exclude license, registration, insurance. **Cash bonuses range from $250 - $1000 and vary by model. Offers valid on retail delivery of select new unregistered 2010 and 2011 Toyota vehicles when purchased/leased, registered and delivered between February 2, 2011 and February 28, 2011. Quantities of certain 2010 vehicles are limited, dealer trade may be required and may also be limited. Individual dealer may sell/lease for less. Vehicles may not be exactly as shown. Offers valid until February 28, 2011. Offers subject to change/cancellation without notice. See your participating Toyota Dealer for details.

Birth bridges borders

Isreali mother says she received VIP treatment at Palestinian hospital

DAN BALILTY/THE ASSOCIATED PRESS



▶ An Israeli woman kisses her newborn baby boy after giving birth in a Palestinian hospital.

Not every new mother gets a handwritten note from the Palestinian president. But this was a rare occurrence, an Israeli in a Palestinian hospital.

Nisreen Chayedri, who grew up Jewish but converted to Islam, was shopping in the West Bank town of Ramallah Wednesday when she went into labour.

Her husband, an Arab citizen of Israel, rushed her to the nearest hospital.

Chayedri, who speaks only Hebrew, caused a stir at the hospital, though she says she got VIP treatment. "They treated me very nicely, like a member of the family," she said.

A Hebrew-speaking doctor translated for her as she delivered a five-pound baby boy.

In honour of the experience, the couple named the boy Omri — a name used by both Jews and Arabs.

Palestinian Minister of Health Fathi Abu Moghli said patients are treated regardless of religion or nationality. He hopes the birth will help build "normal relations that will allow many Israeli patients to come to Palestinian hospitals."

THE ASSOCIATED PRESS

EHUD BARAK

Israeli defence minister berated

JERUSALEM. In his current post as defence minister, Ehud Barak has created enemies everywhere.

Following a series of blunders, the former prime minister is now blamed for everything from the collapse of peace talks with the Palestinians to the disintegration of the iconic Labor Party to infighting roiling the top military echelons.



▶ Ehud Barak

Barak was recently accused of turning the Israeli military "into something between a viper's nest and a cuckoo's nest" by Ben cassite, a newspaper columnist and author of a biography about Barak and his heroic military exploits.

Barak's troubles could also lead to problems for Prime Minister Benjamin Netanyahu.

THE ASSOCIATED PRESS



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SEAN KILPATRICK/THE CANADIAN PRESS



▶ Defence Minister Peter McKay announces the new Hero vessels in Ottawa on Thursday

New ships named for heroes

Coast guard vessels honour those who lost lives serving others

A new coast guard vessel under construction in Halifax will be named in honour of Capt. Nicola Goddard, the first Canadian woman to be killed in combat.

Capt. Goddard died in Afghanistan in 2006. Her name will be carried by one of nine new midshore patrol vessels to be known as the Hero class. The first of the 43-metre ships is expected to enter service with the coast guard this year, with the last delivered by 2013.

In addition to Goddard, the ships carry the names of other soldiers and seamen killed in the line of duty, including two Victoria Cross winners from the First World War, Cpl. Joseph Kaebler and Pte. James Peter Robertson.

Five of the new patrol vessels will be used on fishery protection duty on the east and west coasts. The others will be used for maritime security in the Great Lakes and the St. Lawrence Seaway.

THE CANADIAN PRESS



Assange a 'conspiracy theorist,' book says

A tell-all book by a WikiLeaks insider casts founder Julian Assange as an "emperor" who has become just the kind of public figure he is trying to expose.

Daniel Domscheit-Berg, the former WikiLeaks spokesman who left the secret-spilling website after a dispute with Assange, writes about his euphoria at the website's spectacular rise as well as his disillusionment with a leader he describes as delusional and power-crazed.

He said one of his motives for writing the book was that he wanted to clarify the events that led to the falling-out.

"We need to set the record straight before Assange turns into a cult, a pop phenomenon," Domscheit-Berg said in Berlin on Thursday. THE ASSOCIATED PRESS

"WikiLeaks turned pale computer geeks, whose cleverness otherwise would not have been noticed by anybody, into public figures, who put fear into politicians, CEOS and military chiefs around the world."

DANIEL DOMSCHEIT-BERG, WIKILEAKS WHISTLE-BLOWER

Endangered whale 'on the move': Tracker

A satellite tracking device the size of a ballpoint pen with the power of a child's walkie-talkie is being used to follow one of the world's most endangered whales along its mysterious migration route.

Flex, a 13-year-old Western Pacific gray whale, hasn't disappointed researchers with his surprising path from Sakhalin Island off Russia across the Bering Sea and then south into the Pacific Ocean past Alaska, B.C. and Washington state.

He's moving at a fast clip of about 160 kilometres a day, said Bruce Mate, director of the Marine Mammal Institute at Oregon State University.

"He's not stopping to feed or breed or do anything right now. He's on the move."

Only about 130 known Western Pacific gray whales remain, making them the second-most endangered behind Northern Pacific right whales.

THE CANADIAN PRESS

Bag. Lady



▶ Gina Kim, with the contentious handbag.

THE ASSOCIATED PRESS

Purse was a real sow's ear

Gina Kim bought a Coach handbag with her employee discount. When she tried to sell it on eBay, Coach accused her of trading in counterfeit goods. Kim is now suing the company.

Ontario mom gets new trial in son's death

Marquardt jailed 14 years based on bad pathology
In similar cases prosecution dropped, stayed charges

VINCE TALOTTA/TORSTAR NEWS SERVICE



▶ Tammy Marquardt

Tammy Marquardt tenderly hugged her five-month-old daughter on Thursday minutes after Ontario's top court granted her a new trial in the death of her toddler 17 years ago.

Then, stepping into the sunshine, Marquardt said it was "torture" being labelled a child killer on the strength of expert evidence from now-disgraced pathologist, Charles Smith.

"Try having your heart ripped out and someone squeezing it right in front of your face," Marquardt said. "Finally, the nightmare is coming to an end and I'm waking up."

It took the Ontario Court of Appeal just five minutes to conclude the 38-year-old mother had been the victim of a miscarriage of justice and quash her second-degree murder conviction.

In doing so, Justice Marc Rosenberg said the court recognized that Marquardt had been through a "terrible" ordeal. "There are no real words for it. It's just a lot of pain and hurt that cannot be fixed," Marquardt said later.

The mother from Oshawa, Ont., spent 14 years in jail after she was convicted in 1995 of killing her son, two-year-old Kenneth Wynne. THE CANADIAN PRESS

Greenpeace. Takes a stand



▶ A Greenpeace activist is seen with his Hungarian grey-cow while demonstrating in front of the Parliament building in Budapest, Hungary.

BELA SZANDELSZKY/THE ASSOCIATED PRESS

Activists protest GMO food in EU

Greenpeace activists demonstrated against genetically modified (GMO) food production in front of the parliament building in Budapest, Hungary, Thursday. Greenpeace wants Hungary, currently hosting the six months rotating EU presidency, to start talks to ban GMO food production in the European Union.

Snow, skirts and shovels

Too much snow and not enough beaus — so says a squad of mini-skirted, high-heeled young women wielding snow shovels in Russia's second city.

Seven women dressed for maximum hotness came to the frigid square in front of St. Petersburg's Kazan Cathedral on Thursday to chip away at snow and ice and demand better city snow removal.

"We'd also like more foreign men to come to the city."
EVA TORNADO, SPOKESPERSON FOR XZ, A LOCAL GROUP THAT DRAWS ATTENTION TO SOCIAL PROBLEMS

The women are affiliated with XZ, a local group that uses beautiful women to draw attention to social problems.

Spokeswoman Eva Tornado claimed that tourism experts say foreign visitors avoid St. Petersburg in the winter because of the city's problems in dealing with its snow.

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Market moment

DOLLAR	GOLD	OIL	TSX
– 0.19¢ ($100.42 US)	– $3.00 US ($1,362.50)	+ $0.02 ($86.73 US)	+ 56.27 13,840.57

Strong loonie drives production offshore

Canadian firms are increasingly shifting their production offshore in response to the pressures of globalization and the strong loonie, Export Development Canada says.

A study from the Crown corporation shows sales from foreign affiliates of Canadian firms grew by more than twice the rate of exports from firms inside Canada between 2000 and 2008.

Exports from foreign affiliates expanded to $508 billion in 2008 from $367 billion in 2000.

During the same period, the loonie moved from the low 60-cent levels early in the decade to well above parity with the U.S. dollar during the 2008 commodity boom.

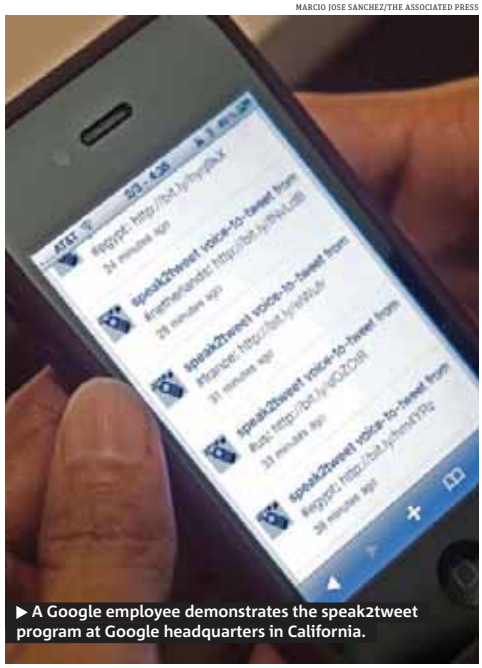
"This is showing Canadian companies are adapting to the realities of global trade today," study author Jean-Francois Lamoureux said. Ultimately, it creates jobs higher up the value chain in Canada, he said.

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Google and Facebook are 'tweet on Twitter

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS



▶ A Google employee demonstrates the speak2tweet program at Google headquarters in California.

Talks have valued Twitter at approximately $8B to $10B US

Google and Facebook are both sniffing around Twitter with an eye to buying the social networking service.

Sources tell the Wall Street Journal that the talks have valued Twitter at between $8 billion and $10 billion US.

The same sources say Twitter had revenue of $45 million in 2010, but lost money as it hired and invested in data centres.

Investors have shown keen interest in social networking services.

Twitter has had a popular role in organizing international political protest as in the recent uprising in Egypt and last year's protests in Iran.

Some have called the site "the medium of the movement." In some situations, it has been a source for news updates.

Governments have caught the Twitter bug, too.

In Canada, Calgary Mayor Naheed Nenshi tweeted updates about his campaign platform.

Yesterday, the U.S. ambassador to the United Nations hosted a global town hall at Twitter headquarters to talk foreign policy with users.

Last month, the website Groupon raised $950 million in financing after reportedly turning down Google's offer to purchase it for $6 billion.

Twitter and Facebook declined to comment. Google did not immediately respond to messages seeking comment.

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New York	from $359 + taxes & fees $127
San Francisco	from $539 + taxes & fees $144
Rome	from $589 + taxes & fees $469
Costa Rica	from $689 + taxes & fees $437
Tokyo	from $939 + taxes & fees $409
Bangkok	from $1149 + taxes & fees $408
Buenos Aires	from $1159 + taxes & fees $409
Sydney	from $1259 + taxes & fees $440

Cruises

Western Caribbean 7-Night Cruise from $508 + taxes & fees $126
CRUISE roundtrip Miami and visit Roatan, Belize City, Costa Maya & Key West.

Bermuda 5-Night Cruise from $429 + taxes & fees $110
CRUISE roundtrip Bayonne and visit Bermuda overnight.

Southern Caribbean 7-Night Cruise from $479 + taxes & fees $40
CRUISE roundtrip San Juan and visit St Croix, Antigua, St Lucia & St Kitts.

Transatlantic 13-Night Cruise from $509 + taxes & fees $75
CRUISE San Juan to Malaga and visit St Maarten, Tenerife, Gran Canaria, Lanzarote & Madeira.

Mediterranean 7-Night Cruise from $609 + taxes & fees $59
CRUISE roundtrip Valenica and visit Civitavecchia (Rome), La Spezia (Florence/Pisa), Ajjacio & Malaga.

Hawai'i 10-Night Cruise from $1039 + taxes & fees $65
CRUISE from Ensenada to Honolulu and visit Hilo, Kona & Maui.

Vacations

New Orleans Mardi Gras Air + 3 Nights from $876 + taxes & fees $165
INCLUDES accom in New Orleans during Mardi Gras. ADD Ghosts and spirits walking tour from $23.

Ottawa Winterlude Family Special Air + 3 Nights from $389◊ + taxes & fees $137
INCLUDES accom in downtown close to Winterlude events. Price is per person based on a family of 4.

California Air + 7-Day Car from $619 + taxes & fees $130
INCLUDES air to Los Angeles, return from San Francisco and 7-day car rental with unlimited mileage. UPGRADE to convertible car from $41 per day.

Hawai'i Air + 7 Nights from $1099 + taxes & fees $122
INCLUDES Waikiki accom in Honolulu. ADD Oahu bike & hike tour from $117.

Hong Kong Air + 7 Nights 4-Star from $1249 + taxes & fees $393
INCLUDES accom in Hong Kong's Central district.

Frankfurt & Amsterdam Air + 9 Nights from $1659 + taxes & fees $488
INCLUDES air into Frankfurt, return from Amsterdam, 4 nights Frankfurt accom, train transfer & 5 nights Amsterdam accom.

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Dominican Republic 7 Nights 4-Star from $715 + taxes & fees $322

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Mayan Riviera 7 Nights 4-Star	from $799 + taxes & fees $281
Jamaica 7 Nights 4-Star	from $1007 + taxes & fees $274

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M8562A
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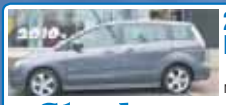
2009 VW Jetta Highline
V57454C
WAS $20,900
NOW $19,740



2007 Impreza Sport
3463P • 46kms
NOW $15,995



2007 Legacy Sedan AWD
7160A
WAS $24,900
NOW $13,995



2007 Mazda 5
M1479
WAS $15,995
NOW $13,995



2006 VW Jetta SE TDI
V40017C
WAS $16,900
NOW $17,440



2008 Impreza 2.5
9394P • 47kms
NOW $16,990



2006 Forester AWD
5929P
WAS $24,900
NOW $13,995



2006 Mazda 3
M1475
WAS $13,995
NOW $11,995



2008 VW Beetle Convertible
V12538C
WAS $22,900
NOW $21,940



2008 Impreza Sedan
4955P • 79kms
NOW $13,995



2006 Legacy Wagon AWD
4113P
WAS $24,900
NOW $13,995



2008 Mazda 5
M1474
WAS $14,995
NOW $13,995



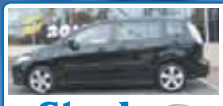
2007 VW Passat Wagon
V41290C
WAS $23,900
NOW $22,940



2007 Forester Columbia Ed
5855L • 66kms
NOW $17,995



2009 Legacy Sedan AWD
8549A
WAS $24,900
NOW $19,995



2007 Mazda 5
70159A
WAS $15,995
NOW $13,995



2007 VW GTI Luxury
V01173P
WAS $24,900
NOW $19,940



2008 Forester Special Ed
PJ0235 • 50kms
NOW $19,995



2008 Impreza AWD
3503P
WAS $24,900
NOW $16,400



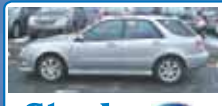
2006 Mazda 3
M1467
WAS $13,995
NOW $11,995



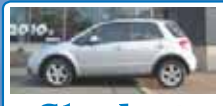
2009 VW GTI
V35938P
WAS $29,900
NOW $28,440



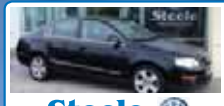
2007 Impreza Sport
2777P • 33kms
NOW $15,995



2007 Impreza AWD
2269P
WAS $24,900
NOW $15,995



2008 Suzuki SX4 AWD
M1459
WAS $14,995
NOW $13,995



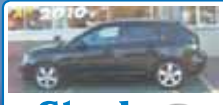
2009 NW Passat Comfortline
V58224C
WAS $26,900
NOW $24,440



2010 Forester Sport Tech
105419 • 9kms
WAS $31,320
NOW $27,500



2007 Forester AWD
9058A
WAS $24,900
NOW $14,995



2006 Mazda 3
15237A
WAS $15,995
NOW $14,995



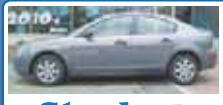
2008 VW Rabbit
V12553C
WAS $18,900
NOW $17,440



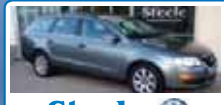
2010 Forester Sport Tech
105470 • 7kms
WAS $31,320
NOW $27,500



2007 Impreza AWD
9086P
WAS $24,900
NOW $13,995



2008 Mazda 3
2634A
WAS $12,995
NOW $10,995



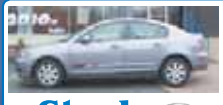
2007 VW Passat Wagon
V59257C
WAS $23,900
NOW $22,940



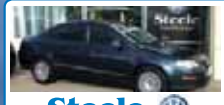
2011 Outback Sport
113209 • 7kms
WAS $34,520
NOW $32,795



2008 Impreza AWD
0674P
WAS $24,900
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2006 Mazda 3
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NOW $9,995



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V77137C
WAS $15,900
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Airline flying high

Air Canada, the country's largest airline, said profits rose to $134 million during the fourth quarter, more than double the losses they booked last year.

The airline capped a strong year by leveraging the economic recovery to attract more business travellers going to international destinations.

$111M The latest quarterly results included foreign exchange gains of $111 million.

"The results reported today confirm that we are indeed headed in the right direction," CEO Calin Rovinescu said.

Air Canada capped a strong year by attracting more business travellers.

THE CANADIAN PRESS

Company secures $1.3M order

The technology division of Rutter Inc. has secured a $1.3-million order for its oil spill detection and management system, the company said yesterday.

The technology and engineering solutions provider, based in St. John's, N.L., said the system will be used by the U.S. offshore oil industry but did not name specific clients.

The latest order is an addition to a similar deal inked in November, Rutter said, adding the systems are due to be delivered in April.

Word of the deal comes weeks after the company's shares experienced unusually heavy trading on the Toronto Stock Exchange.

THE CANADIAN PRESS



Avatar factor affects 3-D box office

Hollywood tries to minimize the fallout from an absence of Avatar

Moviegoers paid well to see the latest offerings in 3-D at Cineplex Inc.'s in the fourth quarter, but that wasn't quite enough to match the revenue generated in the prior holiday season when record-breaker Avatar ruled the box office.

"The premium charge for 3-D product more than offset the slight attendance reduction."
ELLIS JACOB

The operator of Canada's largest theatre chain said it earned $240.8 million in revenue for the three months ended Dec. 31, down from $247.2 million in the same period a year ago.

"The premium charge for 3-D product more than offset the slight attendance reduction," said president and CEO Ellis Jacob in a conference call with analysts.

None of those films delivered the massive returns that James Cameron's Avatar helped achieve during the same period of 2009.

It took in nearly $2.8 billion at the worldwide box office, one of the top grossing films in history.

THE CANADIAN PRESS

Guitar Hero. Stock Market Zero



▶ Gamers play Guitar Hero: Metallica during a demonstration of Activision's game at the International Consumer Electronics Show in Las Vegas.

RONDA CHURCHILL/THE ASSOCIATED PRESS

It's off to never never land for Guitar Hero

Activision, publisher of such video games as Call Of Duty: Black Ops, says it will disband the Guitar Hero music game franchise due to a long-standing weakness in the music game genre. Net revenue fell to $1.43 billion from $1.56 billion.

PSEUDIO

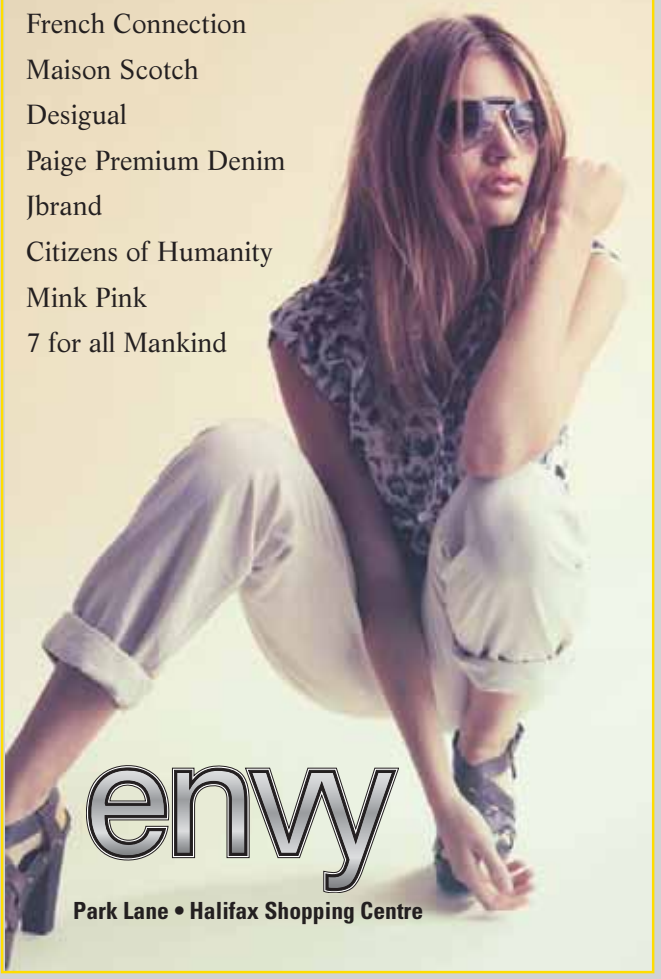
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▶ Catriona Le May Doan

5 MINUTES WITH: CATRIONA LE MAY DOAN

Two-time Olympic gold medallist Catriona Le May Doan broke 13 world records in her speedskating career. She competed in three Canada Games — two winter and one summer — and will be broadcasting these games in Halifax for TSN.

It's hard to imagine there's a hall of fame you're not already inducted into, is this one the last one?
I don't know (laughs) ... I believe in the games and what they do, not only for the athletes and coaches but for communities. We've seen it in Halifax with the oval. Sport can change people and sport opens doors. To me, that's what this about.

The (Canada Games) oval is grabbing a lot of attention — how does that make you feel?
It's amazing. Nobody could have predicted that. The stories I'm hearing about kids on an evening being bored are out being active, or a story of a family doing an activity together. I heard most of the learn-to-skate lessons are from new Canadians. Look at what we are giving to the people of this country and what Halifax is giving to this community.

What about the oval's impact on speedskating?
There is speedskating but always short track. For long track the kids always had to travel places and I believe kids need that opportunity to experience that sport.

What are you looking forward to most for the Canada Games?
Just the stories that inspire people. With being on the media side, I'm excited to tell the stories back home to Canadians. It's the stories of these kids that do something they didn't think was possible, those still inspire me like crazy, especially now, being a mom.

You retired in 2003, but is it hard not to be out competing?
Not one single bit ... the competition side is stressful, Canada Games is stressful. These are athletes who are coming here and want to win and they want to get the Canada Games flag.

Any advice for athletes?
It's OK to be nervous and it's OK to be scared. That is natural and you can't fight that and I think people try to fight it. What they have to understand is at the end of the day they have to love the experience because it will be fun. Embrace that, and don't forget those memories. METRO

Cartoon

MICHAEL DE ADDER



Fridays on your mind

Letters & Tweets

If you're anything like us, Fridays just haven't been the same since Family Matters went off the air. So, after more than a decade of hollow, Urkel-less Friday evenings, we asked you for tips on how to unwind from a hectic work week.

@t_stark_calgary: Best Friday is: Go home and relax with my wife & a good movie. Key: Turn off the cellphone and 'puter for the night. Be human.

@vanrestomngr: Gonna find my baby gonna hold her tight gonna grab some afternoon delight. Sky rockets in flight. Afternoon delight.

@crestsofwaves: I relax by watching TV or listen to music.

@jterr88: The No. 1 response has to be: Happy Hour!

@kimmcneilyoga: I teach yoga on Fridays. It's (almost) as good as taking a class because my students are great!

@kimmcneilyoga: Plus, afterwards I go out for a yummy meal with a good friend. It's a weekly ritual.

@iamaimee: drink homemade melon and vanilla shake while sitting on a massage chair and watching a good movie with the fam. :)

Stress reliever

TORSTAR NEWS SERVICE FILE



Pro-Valentine's Day? Convince the haters. Anti-Valentine's Day? Convince the suckers.

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Metro Minute at Citadel historic site

The Halifax Citadel National Historic Site is getting into the Canada Winter Games spirit.

Starting Saturday and through Feb. 28, the popular visitor attraction will be open daily from 10 a.m. to 2 p.m. Admission is free.

Weather permitting, visitors can celebrate in the British garrisons love of sport by taking in a Victorian hockey game put on by the 78th Highlanders.

All players will sport Victorian style hockey gear to characterize the event, which runs from Feb. 21-26. A firing demonstration of an original Snider-Enfield rifle will also be taking place. Go online to parkscanada.gc.ca/halifaxcitadel for more information. METRO

Three days to play

DO YOU AGREE WITH STUDENTS GETTING TWO WEEKS OFF DURING THE CANADA WINTER GAMES?



Jenna Graham
HALIFAX
I agree for high school students because it's an extra week to do homework ... but I don't agree for elementary students because it's an extra week for parents to find babysitters.



Debbie Williams
HALIFAX
If it's replacing their March break, then yes, it's a good opportunity to see world-class competition and we are hosting it, so I see no problem with it.

WIN A TRIP FOR TWO TO SUNNY CUBA!



▶ Justin Bieber stars in the documentary Justin Bieber: Never Say Never, which shows the popstar's early childhood and concert footage all in 3-D.

2 scene

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA



Getting Bieber fever

Richard Crouse and Mark Breslin debate Justin Bieber: Never Say Never
Early footage of Canadian superstar gives music documentary a heart

Richard Crouse: Mark, generally these kind of music biographies are simply made up of backstage footage and embarrassing childhood photos wedged in between the tunes, and this movie is kind of like that as well, but what really sold me on the film was the picture it painted of Bieber before he got famous.

Mark Breslin: I don't think either of us is the target demographic for the movie. I've had very little exposure to the Bieber phenomenon, so the movie was fresh to my eyes. Yes, I liked the footage of Bieber before he was famous, especially the bit of him playing competent drums on a chair at a very early age.

Plot synopsis

- Justin Bieber: Never Say Never is a 3-D story of a pop prodigy who mastered a drum kit before he was 10 years old and sold out Madison Square Garden when he was barely old enough to drive. Using a mix of archival and concert footage, it follows Bieber from his humble beginnings in Stratford, Ont., to superstardom.
- **Ratings:**
 Richard's: ⊕⊕⊕
 Mark's: ⊕⊕½

RC: To say we're not the target market is an understatement, like saying that Justin Bieber has a few female fans, but there's no denying that the kid has talent. The music in the concert sequences sounds like white noise to my ears, but in the early footage of him playing and singing on the streets of Stratford and drumming with a local band is pretty impressive. I thought the movie presented him as being less pre-packaged than other teen stars. What did you think?

MB: Well, that's what they'd like us to think. There are a lot of references to how Bieber achieved his success without the Disney or Nickelodeon machines, and that's true. He is the product of some grass roots push, and I found the footage of that very interesting. But when his manager — who is more likable than most — calls him the "underdog" I call that spin. Or even more proof that the Internet has created a new business model. And what did you think of the 3-D?

RC: The "underdog" reference was the most glaringly disingenuous thing in the movie. Anyone selling out Madison Square Garden in under half-an-hour is not an underdog — anything but. If anything, he is as you say, a new kind of business model — fame by YouTube. How 21st Century. Makes the American Idol format seem weathered and tired. As for the 3-D, it works in the concert sequences, less so in the documentary sequences but the little girls will love how Bieber seems to jump off the screen.

MB: Jump off the screen indeed! Scary — I really didn't need the moppet in my lap!

Scene in brief



The Oscar-bound Quebec film Incendies is continuing to pile up accolades, snagging a leading 10 nominations Wednesday for the province's prestigious Jutra Awards.

Nods for Incendies include best film, best director for Denis Villeneuve, best screenplay, and best actress for both Lubna Azabal and Melissa Desormeaux-Poulin.

Incendies will compete in the best foreign-language film category when the Oscars are handed out on Feb. 27.

THE CANADIAN PRESS

Jennifer Hudson to talk about weight loss, family tragedy on The Oprah Winfrey Show



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Sci-fi meets teen drama

I Am Number Four based on successful novel • But director started adaptation before book's publication • Saw potential for a 'good old-fashioned' genre film

PHIL BROWN
SCENE@METRONEWS.CA

In a manner reminiscent of popular blockbusters from the 1980s, I Am Number Four combines sci-fi action spectacle with teen drama.

Director DJ Caruso (Disturbia) is not only aware of these similarities, but actually cultivated them. "I have five kids and I've been trying for years to make a good old-fashioned Amblin film like The Goonies," Caruso told Metro.

"Unlike huge franchises like Twilight or Harry Potter, there were no preconceived notions of what the movie would be."
DIRECTOR DJ CARUSO

"When I got this script I immediately felt like it was the one. I loved the way it combined action and science fiction with the story of a kid who realizes that who he wants to become and who he can become are two different people. That seemed like a simple, relatable story that would be perfect to hang a genre movie on."

The film is about a teen who seems like everyone else, except that he's secretly one of the last members of an extinct alien race that is slowly being picked off by reptilian assassins.

Though based on a successful novel, Caruso surprisingly started his adaptation before the source material had even been published.

"When I read the manuscript it still had typos and red writing in the margins," recalled the director.

"But it was liberating because unlike huge franchises like Twilight or Harry Potter, there were no preconceived notions of what the movie would be. No one could get mad with me because they don't know what to expect."

Caruso was also lucky enough to have the benefit of launching a franchise with two seasoned blockbuster veterans serving as creative producers: Steven Spielberg and Michael Bay.

"Steven was very involved in developing the script, and then Michael helped me with the visual effects in post," said Caruso. "They were helpful bookends on the production and I couldn't have done it without them because this was new territory for me."

SUBMITTED



▶ Reptilian assassins pick off the last members of an extinct alien race in I Am Number Four.

Breakout role for Pettyfer?

Alex Pettyfer has learned rather quickly that he has a real hankering for stunt work, even if it can get a bit dangerous sometimes.

"You kind of want to get hurt, because it gives you more adrenaline; it gives you more pump," says 20-year-old Pettyfer. "But yeah, I love the whole action aspect of it."

Luckily, his latest starring role as the lead teenage alien stranded on Earth in I Am Number Four, gave him plenty of opportunity to scratch that particular itch.

Though as a teen he starred in the British spy flick Stormbreaker and followed that up with a pair of films, I Am Number Four feels like a real beginning for Pettyfer. "This is the first thing that's come out that I'm very, very proud of," he says. NED EHRBAR





Jones heats up Hollywood

Three big-screen thrillers are in the works for Mad Men actress Up first: Unknown with Liam Neeson

STEVE GOW
SCENE@METRONEWS.CA

January Jones has finally come back to the future.

The star of the 1960s-set TV drama Mad Men, Jones is now establishing herself in Hollywood with no less than three big-screen thrillers in the works — starting with Unknown, which hits theatres Feb. 18.

"I'm a fan of all kinds of movies," said Jones recently in Los Angeles.

"If they're intelligently done, (thrillers) just make you think. They're sometimes stimulating to a point where you forget where you are and what you're doing and who you are and you're just invested in this snowball of craziness."

In Unknown, Jones's character is married to a man (Liam Neeson) who, after an accident in Germany, awakens from a coma to discover that nobody recognizes him — including his wife.

"It's probably hardest for me (to discuss the film) because I can't go into detail about my character… so let's talk about something else," laughed Jones.

"It's great to talk about this movie because I'm a fan of it. I saw it a couple weeks ago and you're always nervous going in — you don't know if you're going to be promoting something you don't like, but I really enjoyed watching it… so I'm happy to be promoting it."

Jones also relished working with Neeson, who after the 2008 thriller Taken, has established himself as the perfect empathetic anti-hero for movies like Unknown.

"Casting in any movie is important but in this one specifically I think that Liam had the perfect balance of someone you believe could be the good guy/bad guy — whatever he is," said Jones attempting to not reveal a plot twist. "He's also just a wonderful actor — you kind of believe whatever he's selling."

SUBMITTED



▶January Jones stars in Unknown.

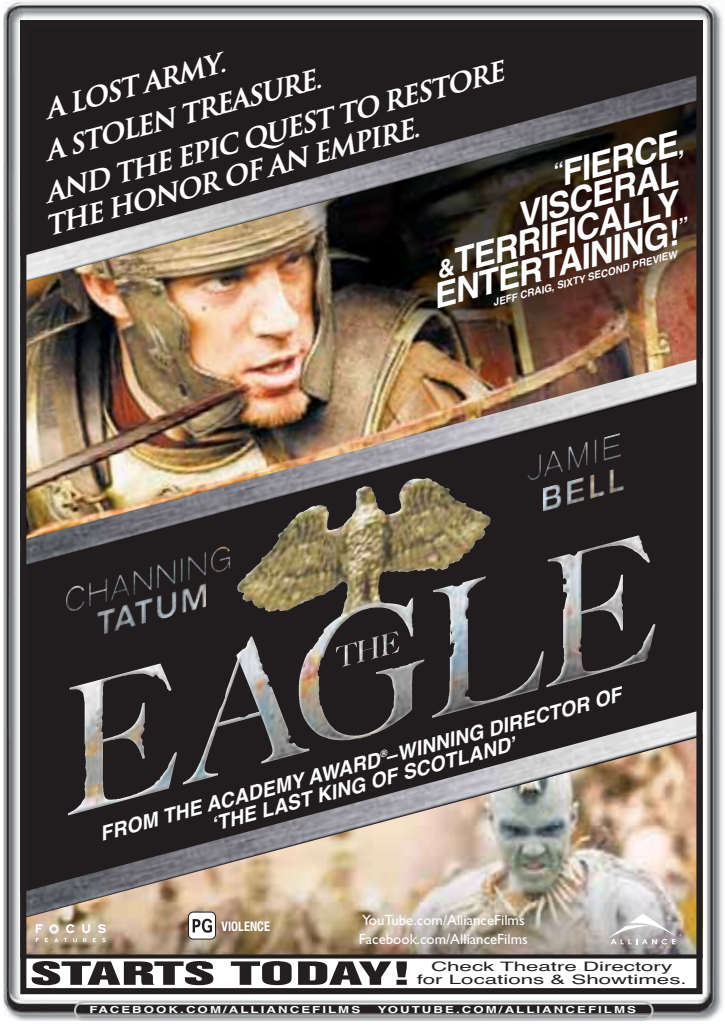
Coming soon

Jones' other upcoming movie titles:

- **The Hungry Rabbit Jumps:** After his wife is assaulted, Nicolas Cage enlists others to help him seek vengeance.
- **X-Men: First Class:** A prequel to the other X-Men thrillers, Jones plays a telepathic mutant named Emma Frost.

Unknown

- **Twist ending:** "I don't think there are any clues," said Jones of the film's twist ending. "I think (director Jaume Collett-Serra) purposely left them out. It's not underestimating the audience in any way."






▶ Lucy Walker's film, Waste Land, has earned an Oscar nomination for Best Documentary.

Making art in Rio's dumps

ADAM NAYMAN
SCENE@METRONEWS.CA

"I wanted to make a movie about art, but I didn't know how," says Lucy Walker when recalling the genesis of her new film Waste Land, which is a nominee for this year's Best Documentary Oscar.

"I had been thinking of this amazing Spanish film called The Quince Tree Sun, and the idea it had to trace a single painting through every step of the process. I loved that."

Walker's film isn't about a single painting, but rather an ambitious project she developed with the Brazilian artist Vik Munoz. The plan: To go to the world's largest garbage dump in Rio de Janeiro and create a series of portraits of its employees out of the very trash piled therein.

As Munoz grows closer to the workers, they become collaborators, and in turn begin to see themselves not only as subjects but artists in their own right. "You worry constantly about the impact that you're having on these other lives," says Walker. "I think that it was part of Vik's process to work through those issues. And I don't think there are any easy answers."

Indeed, Waste Land is a troubling film, especially in the portrait it creates of Brazil as a country brutally divided along economic lines.



Movie review See it twice | See it now | Worth watching | Yawn | Don't bother



Not enough action to carry Eagle

The Eagle
Genre: Action
Director: Kevin Macdonald
Stars: Channing Tatum, Jamie Bell, Donald Sutherland

Kevin Macdonald's The Eagle isn't a particularly bad movie, it's just confused and flawed. The Touching The Void director can't decide if he's making a handsome historical epic or a sweaty action thriller and ends up with a muddled mixture that won't satisfy the audience for either genre.

The dependably bland Channing Tatum plays a young Roman soldier who ventures into the wilds of Roman-occupied Britain to honour his father's memory by recapturing his lost legion's golden eagle statue. An English slave (Jamie Bell) accompanies him and their relationship is stretched and flipped throughout the journey.

Thanks to miscasting and confused writing, the action sequences work better than the character scenes and there isn't nearly enough action to carry the film. PHIL BROWN



Gnomeo & Juliet
Genre: Animation
Director: Kelly Asbury
Stars: James McAvoy, Emily Blunt

Shakespeare gets a 3-D animated makeover in Gnomeo & Juliet, a wacky retelling of the bard's most famous play about two star-crossed lovers who were not meant to fall in love. In this case, the suitors are clay garden gnomes from warring lawns. It's a thin premise likely originated from the novelty title alone but the film's light zaniness actually plays well on-screen. Clever gags and wordplay carry the film. STEVE GOW

Just Go With It
Genre: Comedy
Director: Dennis Dugan
Stars: Jennifer Aniston, Adam Sandler, Nicole Kidman

The dark clouds hovering over Jennifer Aniston and Adam Sandler's careers may have lifted at least temporarily thanks to this sweetly funny, fetching and family friendly rom-com about lying. Sandler's a plastic surgeon who spins a ruse to win a woman that is so daring that it takes his assistant (Aniston), her children and his best friend to make it work. The actors playing Aniston's kids are cute too. ANNE BRODIE



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The Chronicles of Narnia: The Voyage of the Dawn Treader (PG) Dolby Stereo, Stadium Seating Mon-Thu 1:25-4
Country Strong (PG) Dolby Stereo Fri-Sun 7 Dolby Stereo Mon Dolby Stereo Tue-Thu 7
The Dilemma (PG) Dolby Stereo, Stadium Seating Fri-Thu 7:05-9:40
The Eagle (STC) Dolby Stereo, Stadium Seating Fri-Thu 12:30-3:25-6:30-9:15
The Fighter (14) Dolby Stereo Fri-Thu 7:15-9:50
Gnomeo and Juliet (STC) Dolby Stereo, Stadium Seating Fri-Thu 1:30-3:40
Gnomeo and Juliet 3D (STC) Dolby Stereo, Stadium Seating Fri-Thu 1-4-7:10-9:30
The Green Hornet 3D (PG) Dolby Stereo, Stadium Seating Fri-Thu 12:35-3:20-6:20-9:05
Gulliver's Travels (STC) Dolby Stereo Mon-Thu 1:40-4:20
Harry Potter and the Deathly Hallows: Part 1 (PG) Dolby Stereo, Stadium Seating Mon-Thu 12:25-3:30
Just Go With It (PG) Dolby Stereo, Stadium Seating, No Passes Fri-Sun 12:50-1:15-3:30-4:15-6:30-7-9:20-9:45 Dolby Stereo, Stadium Seating, No Passes Mon 1:15-4:15-6:25-7-9:10-9:45 Dolby Stereo, Stadium Seating, No Passes Tue-Wed 1:15-4:15-6:25-7-9:45 Dolby Stereo, Stadium Seating, No Passes Thu 1:15-4:15-6:25-7-9:20-9:45
Justin Bieber: Never Say Never (STC) Dolby Stereo, No Passes, Stadium Seating Fri-Thu 1:40-4:30-7:20-9:55
Justin Bieber: Never Say Never 3D (STC) Dolby Stereo, No Passes, Stadium Seating Fri-Thu 12:40-3:35-6:40-9:20
The King's Speech (STC) Dolby Stereo Fri-Thu 12:45-3:30-6:35-9:20
The Mechanic (14) Dolby Stereo, Digital Fri-Sun 1:35-4:10-10:15 Dolby Stereo, Digital Mon-Wed 10:15 Dolby Stereo, Digital Thu 7:35-10:15
Megamind (G) Dolby Stereo Mon-Thu 12:55-3:40
No Strings Attached (14) Dolby Stereo, Stadium Seating Fri-Thu 12:55-4:05-6:50-9:25
On the Day: The Story of the Spirit of Scotland Pipe Band (STC) Dolby Stereo, No Passes, Stadium Seating Sun 4
The Rite (14) Stadium Seating, Dolby Stereo Fri-Sat 1:10-4:25-7:30-10:05 Stadium Seating, Dolby Stereo Sun 1:10-7:30-10:05 Stadium Seating, Dolby Stereo Mon-Thu 7:30-10:05
The Roommate (14) Dolby Stereo, Stadium Seating Fri-Thu 1:25-3:55-6:45-10:15
Sanctum 3D (14) Dolby Stereo, Stadium Seating Fri-Thu 12:50-3:50-7:25-10
Tangled (G) Dolby Stereo, Stadium Seating Fri-Thu 1:20-3:50-6:45
True Grit (14) Dolby Stereo, Stadium Seating Fri-Thu 9:35
Yogi Bear (G) Dolby Stereo Fri-Sat 1:05-3:45 Dolby Stereo Sun 1:05-3:45

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Blue Valentine (STC) Stadium Seating Fri


▶ The Roommate opened across Canada last week

12:50-3:30-6:20-9-11:30 Stadium Seating Sat 6:20-9 Stadium Seating Sun-Tue 12:50-3:30-6:20-9 Stadium Seating Wed 12:50-3:30-9 Stadium Seating Thu 12:50-3:30-6:20-9
The Chronicles of Narnia: The Voyage of the Dawn Treader (PG) Stadium Seating Mon-Thu 11:30
The Eagle (STC) Stadium Seating Fri 1:20-4-7-9:40-11:55 Stadium Seating Sat-Thu 1:20-4-7-9:40
Gulliver's Travels (STC) Stadium Seating Mon-Thu 12
Harry Potter and the Deathly Hallows: Part 1 (PG) Stadium Seating Mon-Thu 11:15
Just Go With It (PG) No Passes, Stadium Seating Fri 1-3:40-6:40-9:20-11:45 No Passes, Stadium Seating Sat-Thu 1-3:40-6:40-9:20
The King's Speech (STC) Stadium Seating Fri-Mon 12:45-3:20-6:30-9:10 Stadium Seating Tue 12:45-3:20-6:30-9:05 Stadium Seating Wed-Thu 12:45-3:20-6:30-9:10
Megamind (G) Stadium Seating Mon-Thu 11:45
The Metropolitan Opera: Nixon in China (STC) Stadium Seating Sat 2
No Strings Attached (14) Stadium Seating Fri 1:10-3:50-6:50-9:30-11:40 Stadium Seating Sat-Sun 1:10-3:50-6:50-9:30 Stadium Seating Mon 1:50-4:20-6:50-9:30 Stadium Seating Tue 1:50-4:20-7:15-9:50 Stadium Seating Wed-Thu 1:50-4:20-6:50-9:30
The Roommate (14) Stadium Seating Fri 1:40-3:55-7:10-9:55-11:59 Stadium Seating Sat 7:10-9:55 Stadium Seating Sun 1:40-3:55-7:10-9:55 Stadium Seating Mon 1:40-3:55-7:10-9:25 Stadium Seating Tue 1:40-3:55-7:30-10:05 Stadium Seating Wed-Thu 1:40-3:55-7:10-9:25
Sanctum (14) Stadium Seating Fri 1:30-4:10-6:45-9:15-11:35 Stadium Seating Sat-Sun 1:30-4:10-6:45-9:15 Stadium Seating Mon 1:45-4:15-6:45-9:15 Stadium Seating Tue 1:45-4:15-6:55-9:30 Stadium Seating Wed-Thu 1:45-4:15-6:45-9:15

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The Eagle (STC) Stadium Seating Fri 7:05-9:35 Stadium Seating Sat-Thu 2:05-4:35-7:05-9:35
Gnomeo and Juliet (STC) Stadium Seating Fri 6:30-8:45 Stadium Seating Sat-Sun 1:30-3:45-6:30-8:45 Stadium Seating Mon-Thu 11:40-1:50-4-6:30-8:45
Gulliver's Travels (STC) Stadium Seating Mon-Thu 11:50
Harry Potter and the Deathly Hallows: Part 1 (PG) Stadium Seating Mon-Thu 11
Just Go With It (PG) Stadium Seating, No Passes Fri 7:05-9:40 Stadium Seating, No Passes Sat-Thu 2-4:30-7:05-9:40
Justin Bieber: Never Say Never 3D (STC) Stadium Seating, No Passes Fri 6:45-9:10 Stadium Seating, No Passes Sat-Sun 1:45-4:10-6:45-9:10 Stadium Seating, No Passes Mon-Thu 11:20-1:45-4:10-6:45-9:10
Megamind (G) Stadium Seating Mon-Thu 11:10
No Strings Attached (14) Stadium Seating Fri 6:40-9:05 Stadium Seating Sat-Thu 1:40-4:05-6:40-9:05
The Roommate (14) Stadium Seating Fri 7:15-9:25 Stadium Seating Sat-Thu 2:15-4:25-7:15-9:25
Sanctum 3D (14) Stadium Seating Fri 6:50-9:20 Stadium Seating Sat-Sun 1:50-4:20-6:50-9:20 Stadium Seating Mon-Thu 11:15-1:50-4:20-6:50-9:20

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The Eagle (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:45-4:35-7:15-10:10
The Fighter (14) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:40-4:50-7:55-10:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 7:55-10:35
Gnomeo and Juliet 3D (STC) Dolby Stereo Digital, Stadium Seating Fri 1:30-4:30-6:45-9:30 Dolby Stereo Digital, Stadium Seating Sat-Thu 12:30-1:30-4:30-6:45-9:30
The Green Hornet 3D (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:15-4:20-7:05-10
Gulliver's Travels (STC) Dolby Stereo Digital, Stadium Seating Mon-Thu 2:15-5
Just Go With It (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri 1:20-4:15-7:30-10:30 Dolby Stereo Digital, Stadium Seating, No Passes Sat-Thu 12:35-3:40-7:30-10:30
Justin Bieber: Never Say Never 3D (STC) Dolby Stereo Digital, Stadium Seating, No Passes Fri-Thu 12:45-3:55-7-9:50
The King's Speech (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1-3:45-6:30-9:40
The Mechanic (14) Stadium Seating, Dolby Stereo Digital Fri-Sun 1:50-4:40-7:35-9:55 Stadium Seating, Dolby Stereo Digital Mon-Thu 7:35-9:55
Megamind (G) Dolby Stereo Digital, Stadium Seating Mon-Thu 2-4:45
The Metropolitan Opera: Nixon in China (STC) Dolby Stereo Digital, No Passes Sat 2
No Strings Attached (14) Dolby Stereo Digital, Stadium Seating Fri 1:10-4:05-7:40-10:25 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:55-4:55-7:40-10:25 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:10-4:05-7:40-10:25
The Rite (14) Dolby Stereo Digital, Stadium Seating Fri 12:50-3:40-6:35 Dolby Stereo Digital, Stadium Seating Sat 6:35 Dolby Stereo Digital, Stadium Seating Sun 12:50-3:40-6:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:35
The Roommate (14) Dolby Stereo Digital, Stadium Seating Fri 2-4:45-7:50-10:20 Dolby Stereo Digital, Stadium Seating Sat-Thu 2:10-5:10-7:50-10:20
Sanctum 3D (14) Dolby Stereo Digital, Stadium Seating Fri 1:45-4:30-8-10:40 Dolby Stereo Digital, Stadium Seating Sat-Thu 2:45-5:15-8-10:40
True Grit (14) Dolby Stereo Digital, Stadium Seating Fri-Thu 9:35

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The Eagle (STC) Stadium Seating Fri 6:35-9:10 Stadium Seating Sat-Sun 3:20-6:35-9:10 Stadium Seating Mon-Thu 6:35-9:10
Gnomeo and Juliet (STC) Stadium Seating Fri 7-9:05 Stadium Seating Sat-Sun 3:30-7-9:05 Stadium Seating Mon-Thu 7-9:05
Just Go With It (PG) Stadium Seating, No Passes Fri 6:45-9:20 Stadium Seating, No Passes Sat-Sun 3:15-6:45-9:20 Stadium Seating, No Passes Mon-Thu 6:45-9:20
Justin Bieber: Never Say Never 3D (STC) Stadium Seating, No Passes Fri 6:30-9 Stadium Seating, No Passes Sat-Sun 3-6:30-9 Stadium Seating, No Passes Mon-Thu 6:30-9
No Strings Attached (14) Stadium Seating Fri 6:55-9:15 Stadium Seating Sat-Sun 3:10-6:55-9:15 Stadium Seating Mon-Thu 6:55-9:15
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BRIDGEWATER

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The Eagle (STC) Fri 6:50-9:30 Sat 3:40-6:50-9:30 Sun 3:40-6:10-8:45 Mon-Thu 6:10-8:45
Gnomeo and Juliet (STC) Fri 7-9:05 Sat 2:45-7-9:05 Sun 2:45-6:15-8:20 Mon-Thu 6:15-8:20
Just Go With It (PG) No Passes Fri 6:40-9:20 No Passes Sat 3:25-6:40-9:20 No Passes Sun 3:25-5:55-8:35 No Passes Mon-Thu 5:55-8:35
Justin Bieber: Never Say Never (STC) No Passes Fri 6:30-9 No Passes Sat 3:15-6:30-9 No Passes Sun 3:15-5:45-8:15 No Passes Mon-Thu 5:45-8:15
No Strings Attached (14) Fri 6:15-8:45 Sat 3:35-6:15-8:45 Sun 3:35-6-8:30 Mon-Thu 6-8:30
The Roommate (14) Fri 7:10-9:25 Sat 3-7:10-9:25 Sun 3-6:25-8:40 Mon-Thu 6:25-8:40
Sanctum (14) Fri 6:20-8:50 Sat 2:55-6:20-8:50 Sun 2:55-5:50-8:25 Mon-Thu 5:50-8:25



The Eminem Show 2011?

The Grammy Awards are in danger of turning into Eminem's own personal Groundhog Day.

It was undoubtedly his year in 2001.

He had created a twisted masterpiece with his sophomore debut, the equal-opportunity offender The Marshall Mathers LP, which did everything the best rock 'n' roll is supposed to do: electrify the youth, delight the critics, offend the parents, outrage society — only it was a rap album.

And yet, when it came to announce album of the year, the trophy went to ... Steely Dan (10 points if you remember the title of THAT one).

In 2003, he had a strong shot at a Grammy with another top-selling, critically acclaimed CD, The Eminem Show.

And it seemed as if the Recording Academy might finally give Eminem his due coronation.

But a jazzy songbird named Norah Jones enchanted them, and he went home without the prestigious award once again.

Now, it's a new decade and a new Eminem.

He's still got the radioactive tongue, but he's endured a painful drug addiction, personal tragedy and an artistic lapse, yet overcome all of them to create Recovery, an album that riveted millions and earned him a leading 10 Grammy nominations.

He's not only nominated for album, but also for record and song of the year for Love the Way You Lie with Rihanna.

It's looking like an Eminem coronation — but looks can be deceiving, and the Grammys have proven time and time again that things aren't always what they seem ... as we explain.

THE ASSOCIATED PRESS

JEFF CHRISTENSEN/THE ASSOCIATED PRESS



RECORD OF THE YEAR

Nominees: Nothin' on You, B.o.B featuring Bruno Mars; Love the Way You Lie, Eminem featuring Rihanna; (Expletive) You, **Cee Lo Green**, pictured; Empire State of Mind, Jay-Z and Alicia Keys; Need You Now, Lady Antebellum.

Analysis: Although Jay-Z and Lady Antebellum both made compelling anthems that still resonate, those tunes are both also at least a year old — and we think Grammy voters will be in a current state of mind when determining the winner. The real race is between Eminem's haunting Love the Way You Lie and Cee Lo's "Glee"-fully foul (Expletive) You. We think the Grammys will try and show they're not the Grannys — as well as honour what frankly was the best record of the year — with (Expletive) You.

JASON DECROW/THE ASSOCIATED PRESS



SONG OF THE YEAR (songwriters)

Nominees: Beg Steal or Borrow, Ray LaMontagne, songwriter (Ray LaMontagne and the Pariah Dogs); (Expletive) You, Brody Brown, Cee Lo Green, Ari Levine, Philip Lawrence and Bruno Mars, songwriters (Cee Lo Green); The House That Built Me, Tom Douglas and Allen Shamblin, songwriters (Miranda Lambert); Love the Way You Lie, Alexander Grant, Skylar Grey and Marshall Mathers, songwriters (**Eminem**, pictured, featuring Rihanna); Need You Now, Dave Haywood, Josh Kear, Charles Kelley and Hillary Scott, songwriters (Lady Antebellum).

Analysis: OK, now here's where we think Eminem will catch a break. (Expletive) You is undeniably catchy with its groove and clever with its wit, but telling a story through song? Well, you cannot beat Eminem's twisted love song for that, which weaves a disturbing, dysfunctional and ultimately haunting story arc in brilliant fashion.

ETHAN MILLER/GETTY IMAGES



ALBUM OF THE YEAR

Nominees: The Suburbs, Arcade Fire; Recovery, Eminem; Need You Now, Lady Antebellum; The Fame Monster, **Lady Gaga**, pictured; Teenage Dream, Katy Perry.

Analysis: This is Eminem's moment. His Recovery was 2010's bestselling album, and it represented a critical rebirth and triumph: He's the obvious choice for album of the year ... but the Grammys rarely pick the obvious choice. Which brings us to Arcade Fire, the rock band that reached a mainstream milestone this year with The Suburbs and had critics swooning. We're thinking some members of the Recording Academy were swept up into this swoon as well, giving them an excuse to put off Eminem once again.

PETER KRAMER/THE ASSOCIATED PRESS



NEW ARTIST

Nominees: **Justin Bieber**, pictured, Drake, Florence & The Machine, Mumford & Sons; Esperanza Spalding.

Analysis: Usually the pop phenomenon, though a multiplatinum-selling fan favourite, never wins in this category. Britney Spears, Backstreet Boys and the Jonas Brothers are perfect examples. But Christina Aguilera won in 2000, and like Aguilera (pre-Bionic), there's something deeper with Bieber than your typically teen superstar.

He's got competition, but not enough of it. The 16-year-old Bieber is a brand that keeps on building, and the Recording Academy wants in, too.

SUBMITTED



ALTERNATIVE MUSIC ALBUM

Nominees: The Suburbs, **Arcade Fire**, pictured; Infinite Arms, Band of Horses; Brothers, The Black Keys; Broken Bells, Broken Bells; Contra, Vampire Weekend.

Analysis: Arcade Fire is going to torch the competition in this category, and yes, bad pun intended.

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His daughter is walking the line

Nominated for a Grammy, Rosanne Cash speaks about her father, the huge popularity of The List

With a bestselling memoir and an album that never seemed to stop resonating with fans, Rosanne Cash celebrated the end of 2010 with a long break full of restful sleep.

This year seems no better, though. She's up for a Grammy Award for The List, her tribute to her iconic father, Johnny Cash; she's writing songs with Rhett Miller of the Old 97's, Joe Henry and by herself in anticipation of a new album; and she'll join Henry and Billy Bragg in the studio in March for another new project.

She's also planning to tour this year and is taking notes for a follow-up to her highly regarded memoir, Composed, which earned spots on the best of lists of Publisher's Weekly, Kirkus Reviews and Amazon.com.

"So I still have a lot of work ahead of me," Cash said. "I'm looking for more sleep. Maybe in 2012."

Did the enduring success of The List, your recording of your father's list to you of must-listen-to songs, catch you off-guard?

It did. I'm certainly not a big radio artist. In fact, it's hard to garner a lot of radio play for anybody working in my genre at my age. So I knew I couldn't count on that. So then it's, how do I sell this record without a lot of radio play, and it was a challenge for the marketing team to figure out how to present it. But there was a great back story to it and people were interested, and there was more interest in The List than I expected. I thought, 'Oh, this will be a quiet thing and some people will appreciate it.' It did very well, and it was satisfying to me, but I have to admit truthfully, it was a little jarring that I felt like my biggest success in a long time are songs that I didn't write. It shook me a little bit.

Have you made plans to release the entire list to the public?

No, I haven't and I'm not ready to. So much of my dad has been co-opted by the public and this was such a personal thing to me. And I'm just not ready to post it on the Internet or something, you know what I mean? I want to hang on to it for a little while. ... Eventually it should be archived properly, but right now it's mine.

Do you plan to cull another album from the list?

Yeah, I think so. There's certainly a wealth of material and it makes sense. People ask me about that all the time. So I think I would.

Your memoir was very well received. Do your writing ideas come from the same place as your songwriting ideas?

Oh, sure. And if I were a painter it would come from the same place, or a ballet dancer. I think that creative impulse can have a lot of different mediums.

Is it easier to share personal things because you've done it for decades in song?

Cash: That was a different experience as far as revelation or the feeling of revelation, anyway, because in songs, even though people think my songs are all confessional, they're not really. I know where I took poetic license. And there was certainly no fact checker at the end of the songs. But writing in the book I did feel a responsibility to the facts as I remember them.

THE ASSOCIATED PRESS



There will be no revenge, but Helms is a nerd

Funny man Ed Helms on his first role as a leading man Why he likes to play nerds (hint: he is one)



NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

HANDOUT



▶ There is no denying it — Ed Helms is a nerd.

Ed Helms would have you believe that he's nothing like the sweetly innocent nerds he's played in The Hangover, The Office and most recently in Miguel Arteta's Cedar Rapids. But as he gets settled into a hotel room on New York's Fifth Avenue, jumping up to open all the shades to let sunlight in, it's obvious that he's every bit the loveable geek that he plays on the big and small screens.

"I had a heart condition as a teenager and my doctor was like, 'If you ever do cocaine, you could die,' so that instantly sealed my fate as a nerd," says Helms.

He's referencing a scene in Cedar Rapids where as button-up insurance agent Tim Lippe, he finds himself at a backwoods meth party. Tim's an earnest, sheltered man whose trip to an insurance convention in the titular location is nothing short of an emotional and intellectual awakening. It's that unworldly naivety that draws Helms to these sorts of characters.

"I am a genuinely naïve person," Helms says sarcastically. "No, I don't think I mean as much as Tim Lippe, although I wish I did more often. But I envy that idealism and optimism. Tim has such faith in people and most of us who have been around for a while have lost a bit of that."

But is the real Ed Helms anything like, say, his character Andy "Nard-dog" Bernard from The Office? The two share a love of a capella, after all.

"Oh you're trying to get at me, like who am I compared to these guys?" he asks.

"Well I think like a lot of people, I try to do the right thing most of the time but I mess up a hell of a lot and maybe sometimes I don't try hard enough."

Ed Helms

One person who is trying hard is the Nard-dog, whom Helms says would be eager to take over Michael Scott's role at Dunder-Mifflin once Steve Carrell leaves The Office at the end of this season.

Quote "I know Andy is desperate to replace Michael Scott but what I want is for Andy to be in the most frustrating predicament possible because that's usually where he's the funniest," he says. "I know that Andy wants the job, but so do a lot of people in that office. I'm not really worried about how things are going to shake out because I think it will be fun for everybody."



TV picks

Mexico, meet Pilkington

COMEDY. Ricky Gervais's bumbling podcast pal, Karl Pilkington, journeys to Mexico to see the Mayan ruins of Chichen Itza in a new episode of An Idiot Abroad. He arrives in the region in the middle of Easter celebrations and ends up witnessing a crucifixion, participates in Mexican wrestling and learns cowboy skills. (Friday, Discovery Channel)

Real drama on a rural route

DOCUMENTARY. A family's winter road nightmare is profiled on 20/20. When the Kim's of San Francisco took a wrong turn off a highway in 2006, they got stuck on a rural road in a blizzard and spent nine days stranded in the wilderness surrounded by bears. Kati Kim and her two young daughters, one of whom was only seven months old at the time, were rescued. But her husband, who left the car in search of help, was not. (Friday, ABC)

Brand and Brown on SNL

VARIETY. Brash British comedian Russell Brand hosts Saturday Night Live while Chris Brown performs. Brand, who is married to pop star Katy Perry, stars alongside Helen Mirren in the new film The Tempest, and Brown is set to release his new album – F.A.M.E. – next month. (Saturday, Global, NBC)

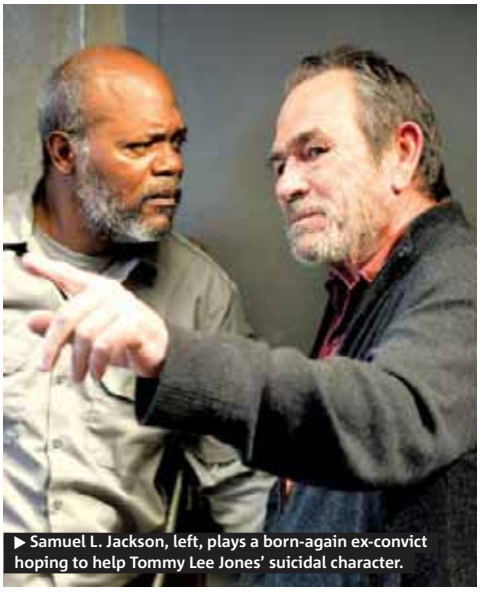
Nice, nice landscaping

REALITY. A Grammy nominee from the 1990s shows off his home renovation skills in The Vanilla Ice Project. Yes, rapper Vanilla Ice kicks off a series in which he and a crew of contractors make over a mansion in Florida. (Sunday, DIY Network Canada) **THE CANADIAN PRESS**

Sunset's cast glows

Jackson and Jones team up for bare bones two-man TV movie

HBO, DAWN JONES/THE ASSOCIATED PRESS



▶ Samuel L. Jackson, left, plays a born-again ex-convict hoping to help Tommy Lee Jones' suicidal character.

A college professor distraught about his life and the state of the world hurls himself in front of a subway train. He is rescued by a born-again ex-convict.

We don't witness this event. The Sunset Limited takes place wholly in the rescuer's one-room tenement apartment, where he has brought the would-be suicide to try convincing him that his life has value and is worth holding onto.

Between this pair of lonely strangers, a spirited – in many ways – debate ensues.

The Sunset Limited stars Tommy Lee Jones as the tormented atheist (labeled, simply, White) who has abandoned all hope for mankind and "the primacy of the intellect," and Samuel L. Jackson as a killer-turned-believer (dubbed Black) who claims he doesn't know anything that's not straight from the Bible.

Black wants to argue White out of making another suicide attempt. White, though repeatedly starting for the door, sticks around to make his own bleak case and defy the other man's hard-won faith.

Premiering Saturday at 9 p.m. EST on HBO, The Sunset Limited is gripping, disturbing and, at times, mordantly funny.

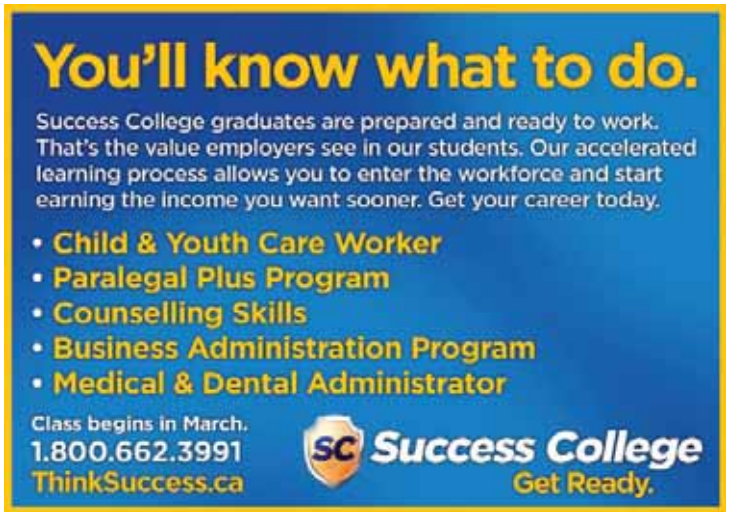
The Sunset Limited is remarkably animated for such a scaled-down film, propelled by two fine performances and drawn from the 2006 play of the same name by Cormac McCarthy, Pulitzer-prize-winning author of such novels as Blood Meridian, All the Pretty Horses and No Country for Old Men, which became a hit 2007 Oscar winner in which Jones starred.

"I read the play some time ago and I always liked it, was fascinated by it," says Jones during a recent joint interview with Jackson at HBO offices. "I happened to run into Cormac one day in Santa Fe, and I got around to telling him that I thought it would be a good idea to make a film of it. And he agreed with me."

The film, though set in New York City's Harlem, was made in Santa Fe, N.M., in fall 2009, with Jones executive producer as well as director.

THE ASSOCIATED PRESS







Divorce fallout: One baby boy

Sources claim Simpson is seeking out primary custody of son, Bronx

Ashlee Simpson has filed for divorce from husband Pete Wentz after two and a half years of marriage, according to People magazine.

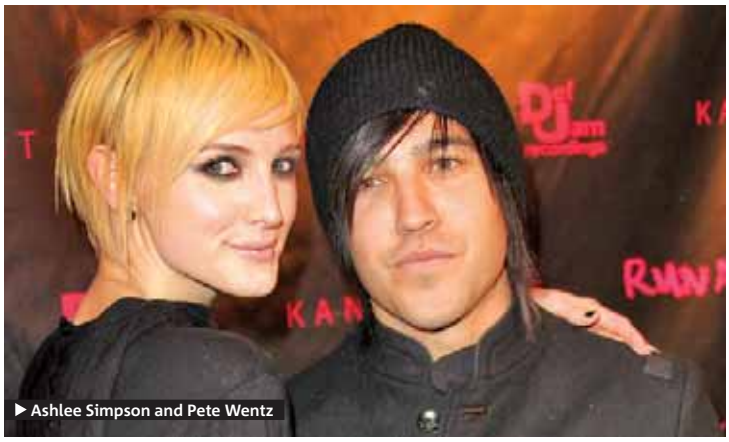
"After careful consideration, we have made the difficult decision to file for divorce," the couple said in a statement.

"We remain friends and deeply committed and loving parents to our son, Bronx, whose happiness and well-being remains our No. 1 priority."

Simpson is reportedly seeking primary physical custody of their son.

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GETTY IMAGES FILE



▶ Ashlee Simpson and Pete Wentz

Talking points

Bratman reportedly says yes to divorce

PEOPLE After months of deliberation — while still living in the same house — Jordan Bratman has reportedly signed documents that will allow he and wife Christina Aguilera to be granted a divorce, according to Radar Online. The documents reportedly confirm that the pair have come to an agreement over how to split up their property and finances.

METRO

Sheen's mess-ups not affecting Men fans

PEOPLE While there have been plenty of news stories obsessing over Charlie Sheen's wild partying and substance abuse issues, fans of his hit show, Two and Half Men, aren't fazed, according to a poll conducted by the Hollywood Reporter.

A whopping 82 per cent of women and 76 per cent of men polled said they will continue watching the show regardless of Sheen's personal issues, and 90 per cent don't consider his behaviour a problem as long as he does his job. And only four per cent of those polled want Sheen to quit the show.



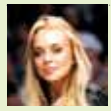
▶ Charlie Sheen

METRO

Celebrity tweets



Dr. Drew [@ddrew] I am mortified how @Lindsaylohan is getting attacked when she is so fragile and just establishing her sobriety. Not at all what she needs



Lindsay Lohan [@lindsaylohan] @drdrew thank you for your support.. I appreciate it



Pete Wentz [@petewentz] I'd eat anything with good guacamole on it. Anything.

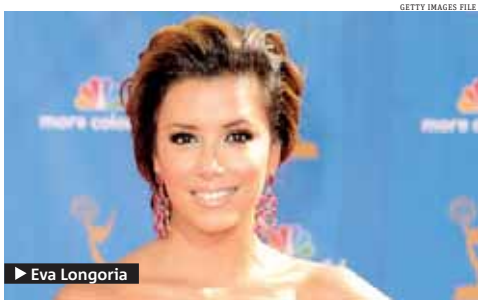


50Cent [@50Cent] Look valentines day and I don't have a valetine. What am I suppose to do?

METRO

Longoria getting cosy with Cruz's bro?

GETTY IMAGES FILE



▶ Eva Longoria

Things seems to be heating up between Eva Longoria and Eduardo Cruz, brother of actress Penelope Cruz, according to Popeater.

"Eva and Eduardo were kissing and cuddling and looked very romantic," a source says of the pair's behaviour at a South Beach, Fla., Super Bowl viewing party.

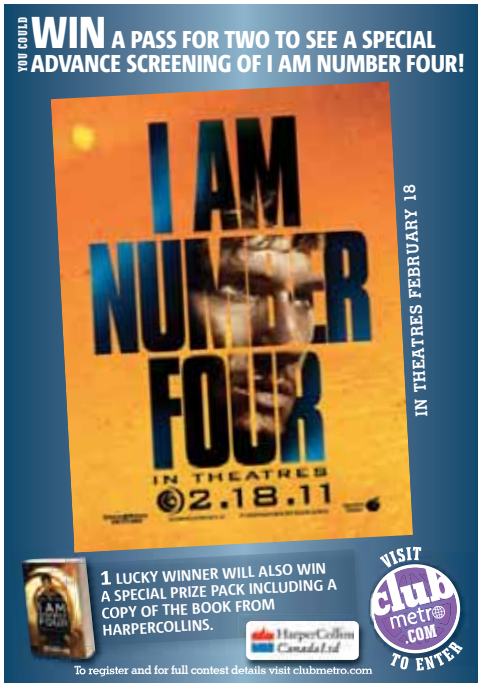
And the tryst seems to be doing wonders for the Desperate Housewives star.

"During the past few weeks, Eva seems to have come alive again," a source says.

"She is usually fun, flirty and a blast to be around."

"That side of her came back after a few months of distress."

METRO









Celebrate love with a little Ménage à Trois...



PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

While most thoughts will turn to flowers and chocolates this weekend before Valentine's Day, my mind is on a ménage à trios. Before you start emailing, I mean the wine — not the other thing.

Made in California by the Folie à Deux Winery, the idea behind the cheeky name is that the Ménage à Trios wines are created from a trio of grape varieties or, in the case of the chardonnay, the same grape from three different regions in the state.

The 2009 Ménage à Trois Red ($17.95 - $19.99) is made with a triple blend of zinfandel, merlot and cabernet sauvignon.



Rich and ripe with just a kiss of residual sugar, it makes for a great all-purpose dinner wine as well as a mouth-filling on-its-own sipper perfect for a candle lit tête à tête.

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Find the way to your lover's heart with food

Nothing says 'I love you' quite like a romantic home-cooked dinner

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA



In many cultures, rosemary has a long history as an aphrodisiac, an herb with the power to keep fidelity and love strong.

So why not tap that history to grow a little romance of your own on Valentine's Day? This three-course meal isn't speedy, but the effort will win you the admiration of your love.

Cream of Cauliflower and Rosemary Soup

Preparation:

1. In saucepan, melt butter over medium-high; add shallot and rosemary and sauté until shallot is tender, 3 to 4 minutes. Add flour and stir to coat. Cook for 1 minute, whisk in milk and cream.
2. Add cauliflower, salt and pepper. Cook, stirring frequently, until cauliflower is very soft and mixture has thickened.
3. Using an immersion blender or working in batches in a regular blender, puree mixture until very smooth. Adjust seasoning with additional salt and pepper, if needed. Drizzle with rosemary oil.

Rosemary Seared Tenderloin with Honeyed Sweet Potato and Blue Cheese Green Beans

Preparation:

1. Prick sweet potato all over with a fork. Microwave on High for 5 to 6 minutes or until completely tender. Let cool slightly. Peel and mash potato in small bowl. Stir in butter, honey, salt and pepper. Cover and keep warm.
2. **Beef Tenderloin:** Rub salt and rosemary all over the steaks. In a large oven-safe skillet heat butter and oil over medium-high. Sear steaks on each side until well-browned, 2 to 3 minutes per side. Place skillet in 350 F (180C) oven and cook until meat thermometer inserted in centre reaches 125 F (52 C). Remove from oven, tent with foil and let rest for 10 minutes.
3. **Blue Cheese Green Beans:** Meanwhile, bring small saucepan of water to boil. Add beans and cover. Boil until bright green and just tender, about 3 minutes. Drain beans, then transfer to a bowl. Add blue cheese, salt and pepper; toss to combine. Sprinkle with almonds, if using.

LARRY CROWE/ THE ASSOCIATED PRESS



▶ This elaborate dinner may take some effort but it's sure to win over your sweetie.

4. Serve steaks with sweet potato and green beans

WITH FILES FROM THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Shopping list:

Soup
- 1 tbsp (15 mL) butter
- 1 shallot, chopped
- 2 sprigs fresh rosemary, finely minced
- 1 tbsp (15 mL) flour
- 1 cup (250 mL) milk
- 1/2 cup (125 mL) 35% whipping cream
- 12 oz (340 g) frozen cauliflower, thawed
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) ground white pepper
- Rosemary olive oil

Honeyed Sweet Potato
- 1 large sweet potato
- 2 tbsp (30 mL) each butter and liquid honey
- 1/2 tsp (2 mL) salt/ pepper

Rosemary Seared Beef Tenderloin
- 1 lb (500 g) beef tenderloin, cut into 2 steaks (or 2-8 oz/250 g steaks)
- 1/2 tsp (2 mL) salt
- 2 sprigs fresh rosemary, finely minced
- 2 tbsp (30 mL) butter
- 1 tbsp (15 mL) canola oil

Blue Cheese Green Beans
- 8 oz (250 g) trimmed green beans
- 3 tbsp (45 mL) crumbled blue cheese
- Salt and black pepper
- 3 tbsp (45 mL) toasted sliced almonds (optional)

3 life

Chocolate Prices



Cupid got off easy this Valentine's Day, but spikes in cocoa bean and sugar prices may have the Easter bunny digging deeper into your pocket for those chocolate eggs.

By Easter, prices likely will rise, possibly by as much as five per cent, said Marcia Mogelonsky, U.S.-based global food analyst for Mintel.

There are a few reasons behind the increase, including political turbulence in Ivory Coast, the world's largest producer of cocoa beans, that led to a one-month ban on exports that was announced in late January.

Phil Lempert, a food marketing expert, agrees that with raw materials becoming more expensive, prices are bound to be affected.

THE ASSOCIATED PRESS

Chefs announced for gala that launches Niagara food and wine extravaganza.





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Fish that offers a citrus burst

DINNER EXPRESS

EMILY RICHARDS
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This citrus infused fish on orange slices is like serving up a burst of summer to brighten up these cold days.

Preparation:

1 In small bowl, combine parsley, mint, garlic, lemon rind and half each of the salt and pepper; set aside.

2 Cut both ends off oranges. Using sawing motion, cut skin and white pith off oranges and discard. Slice into 1/2 inch (1 cm) thick slices; place in 13 x 9-inch (3 L) baking dish.

3 Place fish fillets on top of oranges in single layer. Sprinkle with remaining salt and pepper. Sprinkle with parsley mixture and drizzle with oil.

4 Bake in 425 F (220 C) oven for about 20 minutes or until fish flakes when tested with fork.

Ingredients:

- 3 tbsp (50 mL) chopped fresh Italian parsley
- 2 tbsp (25 mL) chopped fresh mint or tarragon
- 2 cloves garlic, minced
- 2 tsp (10 mL) grated lemon rind
- 1/2 tsp (2 mL) each salt and pepper
- 3 blood or navel oranges
- 4 fish fillets (such as tilapia or catfish), about 1 1/2 lb/750 g total
- 3 tbsp (50 mL) extra virgin olive oil

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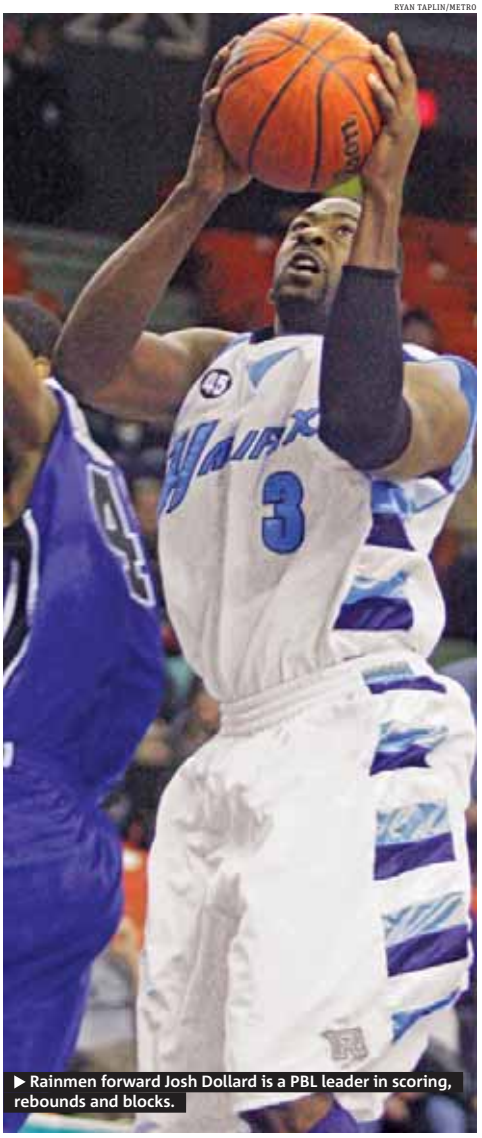
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Dollard's pro dream is alive

RYAN TAPLIN/METRO



▶ Rainmen forward Josh Dollard is a PBL leader in scoring, rebounds and blocks.

'Personal problems' sidetracked Rainmen foward's NCAA college career 'I try to learn from my mistakes,' says NBA hopeful



MATTHEW WUEST
@METRONEWS.CA

There is no way of knowing where Josh Dollard would be had he not been kicked out of college three years ago. Chances are he wouldn't be with the Halifax Rainmen.

But here Dollard is, 24 years old, chasing his dream of getting to the NBA, the same dream that took a hit when the Auburn Tigers dismissed the promising forward for a violation of athletic department policy in 2008.

He doesn't talk much about what went wrong with the NCAA Division I school, only that he had "personal problems" and he's matured since those days.

"Every day of my life is a growing-up process for me," he says.

"I'm human, I make mistakes, but I try to learn from my mistakes, and I've become a better person on and off the court."

After a year of Division II hoops at South-Carolina Aiken and another year in the Swiss A League in Geneva, Dollard has been an instant star with the Rainmen, already a Premier Basketball League leader in scoring, rebounds and blocks.

He's not only a legitimate six foot eight, he's got a seven-foot-three wingspan and what can only be described as go-go-gadget arms — attributes that might one day get him to the NBA.

"He has the body type and physical prowess to do it," confirms Rainmen head coach Mike Evans, a longtime NBA scout and assistant coach.

Evans says Dollard can score at will, but improved conditioning and defensive play are what will one day earn him a bigger paycheque.

"The more committed Josh becomes, the more opportunities he will have at the next level," Evans says. "He's got to want it."

The Rainmen have never graduated a player to the NBA, but Dollard has all the tools to put his name in the discussion — if he wants to.

"My dream is to play in the NBA," he says. "But I'm taking it day by day. Wherever this road takes me, I'm ready to go. I'll leave it in God's hands."

Rainmen on the road to Saint John

The Rainmen, 6-2, visit the Saint John Mill Rats, 3-4, on Friday at 7 p.m.

Big pair of games for Dal

For the second straight year, the Dalhousie Tigers' dream of getting back to the Atlantic University Sport men's hockey playoffs will come down to the final weekend at Memorial Arena.

The Tigers, who haven't been to the playoffs since Chris Stanley led them to a national bronze medal in 2004, are one point ahead of the Moncton Aigles Bleus for the sixth and final post-season berth. Each team has two games remaining.

The Aigles Bleus, who beat the Tigers 4-0 in the season series, hold the tie-breaker, meaning Dalhousie must finish ahead of Moncton to make the playoffs.

The Tigers, 12-14, host the P.E.I. Panthers on Friday and the New Brunswick Varsity Reds on Saturday. Both games are at 7 p.m.

The Aigles Bleus, 10-13-3, host the St. Francis Xavier X-Men on Friday and the Saint Mary's Huskies on Saturday.

It was a similar situation last season. The Tigers, needing a win in their final game to get into the playoffs, lost 5-2 to the V-Reds.

MATTHEW WUEST

Ex-Huskie on way to Hall

Former Saint Mary's Huskies quarterback Chris Flynn has been named to the 2011 class of the Canadian Football Hall of Fame. Flynn was a three-time Hec Crighton award winner as national player of the year during his Huskies career from 1987 to 1990.

MATTHEW WUEST

4 sports

More sports



The Halifax Mooseheads plan to continue their goalie rotation with three games in three days on the weekend. Rookie Anthony Terenzio is slated to start on Friday at 8:05 p.m. against the Gatineau Olympiques and Sunday at 5 p.m. against the Drummondville Voltigeurs, while 19-year-old Frederic Piche will get the nod on Saturday at 5 p.m. against the Victoriaville Tigres. The Mooseheads are 17-33-1-2.



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RYAN TAPLIN/METRO



▶ Christine Leneatta Craig gets the Ontario mission staff office inside the World Trade and Convention Centre ready for the Canada Games Thursday.



JENNIFER TAPLIN
@METRONEWS.CA

An old-school Pac-Man arcade game is one of the best features of the athletes' lounge.

There are also televisions, air hockey, musical instruments and video games to help the roughly 1,800 athletes de-stress before and after competitions.

Media were given a tour of the Athlete's Village Thursday, mere hours before the first competitors were expected to pour in.

The village is a web of venues starting from the World Trade and Convention Centre and connected by pedways to four downtown hotels.

"It's not a necessity at any point for athletes to go outside unless they want to, so it's a nice design," said Bill Moore, volunteer chair of athletes' services.

There's a dining hall that seats 9,000, a computer lab for athletes and offices for each province's support staff. Some provincial offices were decked out in pom-poms, flags and posters.

"I'm not aware of anything official, but I think there is a little one-upmanship and lots of provincial pride," Moore said.

There's also a polyclinic that resembles a small hospital in the belly of the trade centre. It has a triage, infirmary, taping room, and space for massage, physio and chiropractic therapy.

The most common injuries depend on the sport, said Brian Seaman, chair of medical services. He said hockey players, for example, usually have injuries to ankles, knees and shoulders.

"The one we're most concerned with, especially with young athletes, would be concussions," he said.

Winding down

Just what will Canada Games athletes and workers get up to during their down time?

- **Movie nights** and entertainment are planned for the athletes.
- There will be **1,500 athletes** here during the first week and 1,800 by the second.
- **Volunteers have** their own lounge in the trade centre.
- Elementary school kids from around the province penned **welcome postcards** to the athletes.

Events to watch

Weekend schedule highlights

CURLING (FEMALE)
At Mayflower Curling Club
Nova Scotia opens on Sunday with matchups against Saskatchewan at 10 a.m. and New Brunswick at 2:30 p.m.

HOCKEY (MALE)
At Metro Centre
Nova Scotia plays Ontario on Saturday at 7:30 p.m. and British Columbia on Sunday at 4 p.m.

RINGETTE
At Cole Harbour Place
Nova Scotia faces New Brunswick on Saturday at 9 a.m.

SKIING (FREESTYLE)
At Ski Wentorth
Half-pipe qualification is at 11 a.m. followed by the final at 1:30 p.m.

SPEEDSKATING (LONG TRACK)
At Canada Games Oval
Medal races begin at 9:30 a.m. on Saturday and Sunday and run throughout the day, with the final event at 2 p.m.

WHEELCHAIR BASKETBALL
At Citadel High School
Nova Scotia plays Ontario on Sunday at 5 p.m.

ADDITIONAL SUNDAY EVENTS

- **Artistic gymnastics** at the Canada Games Centre
- **Biathalon** at Ski Martock
- **Speedskating** (short track) at St. Margarets Centre
- **Squash** at Saint Mary's University

Golden puck in Halifax

Fans will have a chance to relive memories of Sidney Crosby's golden goal during the Canada Winter Games.

The puck with which Crosby scored the memorable overtime goal at the Vancouver Olympics will be on display at a Hockey Hall of Fame exhibit at the Discovery Centre on Barrington Street.

The exhibit runs from Friday until Feb. 20.

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Honours for Jones and Le May Doan

Two Canada Games administrators also inducted — Jim Morell and Guy Rousseau • Jones won silver for Nova Scotia in the '79 Canada Winter Games

JENNIFER TAPLIN
@METRONEWS.CA

Two of this country's most successful sportswomen were honoured in Halifax yesterday.

Curling champion Colleen Jones and speed-skating queen Catriona Le May Doan were inducted into the Canada Games Hall of Honour.

"When I found out I was being inducted I was actually in the hospital with meningitis so it was a surreal event," Jones said. "It gave me a bit of a lift and then you feel really old after — it was 1979."

RYAN TAPLIN/METRO



▶ Colleen Jones, left, and Catriona Le May Doan pose for photos Thursday at the Nova Scotia Sports Hall of Fame. Jones, Le May Doan, Guy Rousseau and Jim Morell were inducted into the Canada Games Hall of Honour Thursday.

Jones, who lives in Halifax, is now the mother of two Canada Games athletes: Her sons competed in hockey and tennis.

She said the games change lives and communities.

"Because for the athletes it's about dreams," she said. "It changes communities because suddenly there's infrastructure built and you just have to look at our Canada Games Centre."

Double Olympic gold medallist Le May Doan competed in three Canada Games — two winter and one summer.

"I believe in the games," she said. "Sport can make a difference in people's lives … and I'm very excited about what's going to happen here in Halifax."

Provincial pride is, and always has been, very strong at the Canada Games, said Le May Doan.

"I will tell you I always have green and white somewhere on me," said the Saskatchewan native.

Bluenose upbeat ahead of Games



▶ Jamey Jewells

Nova Scotia hasn't participated in wheelchair basketball at the Canada Winter Games since 1995, but the team is far from timid heading into action this weekend.

The Bluenose contingent, a co-ed squad made up of athletes with disabilities and those who are able-bodied, is wary of two-time defending gold-medallist Quebec, but still feels it has potential to get on the podium.

"It's going to be hard to touch Quebec, but we'll work our tails off and try to get to the medal round," said head coach Stephen Sampson.

"We don't kid ourselves — we don't (go) around saying we're going to get gold, but we're sure eyeing silver and bronze."

Donkin's Jamey Jewells is one of the standouts for Nova Scotia as a member of the national senior and under-25 teams, while Heatherton's Abby Stubbert also plays for the under-25 squad.

Jewells and Stubbert both helped Canada to a bronze-medal finish at the Osaka Cup international wheelchair basketball tournament in Japan earlier this month.

Nova Scotia opens the Games at Citadel High School Sunday at 5 p.m. against Ontario.

Preliminary-round action runs Sunday through Tuesday, with semifinals Wednesday and the medal games Thursday.

MATTHEW WUEST

By the numbers

2,700
Athletes competing from 13 provinces and territories, including 221 on Team Nova Scotia.

5,000
Volunteers helping the host committee ensure the Canada Winter Games go smoothly.

10,000
Number of additional visitors the Games are expected to draw to Halifax and surrounding areas.

16



Number of Canada Games alumni among the 26 medallists at the 2010 Olympics, including Charles Hamelin, Heather Moyse, Jennifer Heil, Clara Hughes and Kristina Groves.

6
Nova Scotia's record for gold medals won at a single Canada Winter Games. They topped the podium a half-dozen times in Charlottetown, P.E.I., back in 1991.

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Change is in the air

As start of spring training dawns, Jays get set to embark on new era

There is a sense of renewal that is inherent to spring training, and that feeling will be particularly strong for the Toronto Blue Jays when pitchers and catchers hold their first official workout Monday.

While general manager Alex Anthopoulos didn't radically overhaul the roster, several significant changes were made in the off-season. The clubhouse will be a very different place minus departed veterans Vernon Wells, Shaun Marcum and Scott Downs.

Add in that John Farrell is taking over as manager from the retired Cito Gaston after 2½ years of stewardship from the franchise giant, and change will definitely be in the air in Dunedin, Fla.

With plenty of significant questions to answer, and many moving parts, much will be on the line at a camp with more intrigue than others in recent memory.

Big questions

Who fills out the back end of the rotation? How does the bullpen lineup? Can Adam Lind handle first base? Can the Blue Jays find a third baseman so Jose Bautista can remain in right field? How does the batting order shake out? Is catching prospect J.P. Arencibia ready?

"There's no doubt," Farrell said in an interview this week. "We need, when we meet for the first time as a full squad on the 18th, to outline expectations not only for spring training, but going forward.

"I think it's important for us to set the tone right from Day 1 on what the expectations are on how we're prepared, and how we're going to eventually compete."

Given a work ethic that rivals that of his GM, Farrell can be counted on to hit the ground running. The 48-year-old from Monmouth Beach, N.J., was hired in October and has since spent countless hours talking to his players, coaches and front office staff to try to get a handle on the team.

That's given Farrell a sense of the people around him, but much like a couple that moves in together after a long time dating, there's still a period of adjustment once lives become fully intertwined.

Everyone in the Blue Jays clubhouse will need some time to figure out one another and understand the new realities around them.

"That's totally expected coming into this," said Farrell. "Any time you come into a new setting, there's going to be a relatively steep learning curve, whether it's with the coaches you've assembled or the players that are on that roster and vice versa.

"They have to understand what my thoughts would be from an offensive and defensive standpoint, just so as they take the field, there's a true understanding of the style of baseball we're going to play."

Much of that will be a product of how the 25-man roster shakes out, and there's lots to resolve on that front.

Beyond Ricky Romero, Brandon Morrow and Brett Cecil, the back end of the rotation must be determined, while new roles must be defined in the remade bullpen.

Catching prospect J.P. Arencibia must show he's ready to lead the pitching staff, Adam Lind's transition to first base will be closely monitored, while a new batting order also must be set.

THE CANADIAN PRESS

EZRA SHAW/GETTY IMAGES



New additions:
CF Rajai Davis; OF Juan Rivera; INF Brett Lawrie; RP Frank Francisco; RP Jon Rauch; RP Octavio Dotel; RP Carlos Villanueva; OF Corey Patterson; RP Chad Cordero.

ABELIMAGES/GETTY IMAGES



The departed:
CF Vernon Wells; SP Shaun Marcum; C John Buck; RP Kevin Gregg; RP Scott Downs; OF Fred Lewis; OF Dewayne Wise; RP Brian Tallet.

SENATORS

Fisher headed south

It looks like rebuilding plans are underway in the nation's capital.

The struggling Ottawa Senators sent forward Mike Fisher to Nashville on Thursday in exchange for the Predators' first-round pick this year and a conditional pick in next year's NHL entry draft.

Senators general manager Bryan Murray expects more changes to be made ahead of the Feb. 28 trade deadline.

"We have a plan in place and an idea that we want to restructure the hockey team to again be a competitive club," Murray said on a conference call.

Fisher, 30, has played 675 career NHL games — all with the Senators. He has recorded 24 points (14 goals, 10 assists) and 33 penalty minutes in 55 games this season.

It has been a disastrous season for the Senators, who are winless in 11 games and sit last in the Northeast Division with 42 points.

"We know that we have to make some changes," Murray said. "When we perform like we did this year, a variety of things have to happen."

Nashville, meanwhile, is gearing up for a playoff run. The Predators are just five points behind first-place Detroit in the Central Division.

Fisher is married to music star Carrie Underwood, who has a home in Nashville. The couple married last summer in Georgia.

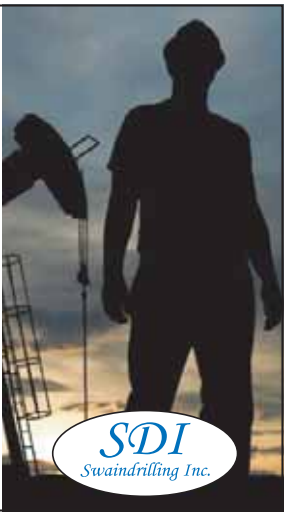
The Predators hope to have his work visa completed Friday so he can be in the lineup Saturday night against Colorado.

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Opinion



RUSSELL
FIELD OF PLAY

The Canadian home Olympics are a year gone. But a change in attitude lingers.

While we rejoice in 14 gold medals and 26 podium results, the close encounters are more indicative of a seismic shift in expectations on the part of Canadian competitors.

Almost winning doesn't count anymore … a good thing for a country that fancies itself a sporting nation.

Five fifth-place finishes at the 2010 Games warrant re-examination.

Melissa Hollingsworth ended up fifth in skeleton over the course of four heats — a mere half-second from the gold medal total of Amy Williams of Great Britain. It was a miniscule margin of defeat that left Hollingsworth distraught, declaring, "I let my entire country down."

But Hollingsworth soldiered on, and instead of quitting she committed herself to the journey to Sochi in 2014. In eight World Cup races this season she's been on the podium three times and is ranked third in the world.

"It stinks," Patrick Chan said after finishing fifth in figure skating. But then again he learned something.

"I saw that one day I could dominate my sport."

Now, Chan is the Grand Prix champion, has the quad jump in his arsenal and has the inside track on next month's world championship in Tokyo.

On the last day of the Games in the biggest cross-country ski race, the 50-kilometre marathon, Sudbury's Devon Kershaw was fifth, 1.6 seconds from gold. He got lost in the dust of the Sidney Crosby goal and the men's hockey victory.

"That opportunity is gone forever," Kershaw said of that ordeal. "But it was the most motivating thing that could ever happen to me." This season in the massive Tour de Ski, Kershaw scored his first World Cup victory and found the podium four times in eight races.

Finally, there's alpine skier Erik Guay.

Fifth in both the downhill and Super G at Whistler, Guay missed two gold medals by the sum total of eight-tenths of a seconds — or the blink of an eye.

He wasn't the hottest interview afterwards. But he did collect himself to score three podium results and win the Crystal Globe to end the campaign. He's also the only Canadian to win a medal on this year's World Cup circuit.

That's the legacy of Vancouver, plain and simple. Nowadays for Canadian athletes this business of finishing fifth equals one thing.

Unfinished business.

LINTAO ZHANG/GETTY IMAGES



▶ Patrick Chan learned from his fifth-place finish in Vancouver.

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Crosby return date uncertain

After suffering a severe concussion, the Penguins superstar is frustrated by his slow progress to recovery

Penguins captain Sidney Crosby says he expects to play this season after suffering a concussion, but there are no guarantees he'll be able to make a comeback.

Crosby visited the Penguins during Thursday's morning skate for the first time since leaving the team last week to visit his parents in Cole Harbour.

"I hope I'm back and I hope I play this year," Crosby said. "That's the thing with (concussions), you don't know."

Like any player returning from a serious head injury, Crosby is frustrated by the slow pace of recovery.

"I hope I'm back and I hope I play this year. That's the thing with (concussions), you don't know."
SIDNEY CROSBY

"It's out of my control," he said. "You just hope with time, the quicker the better."

Crosby has missed 14 games for the Penguins with complications due to a concussion. He will not be allowed to return to the ice until he is symptom-free. He still leads the team with 32 goals and 66 points, and is fourth in the league in scoring.

Crosby, 23, said he left to get away, relax and not deal with the stresses that come with talking about his injury.

He said it's impossible to know when he'll be able to play again, and that he's just focusing on getting better.

Crosby was sidelined after taking hits to the head in successive games Jan. 1 against Washington in the Winter Classic and Jan. 5 against Tampa Bay.
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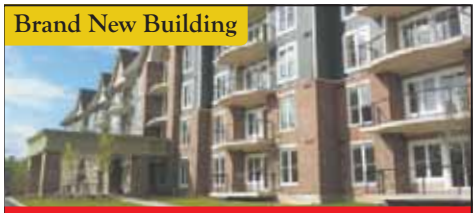
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For those without a Metro, the forecast calls for "I dunno" with a slight chance of "huhhh?"
metro

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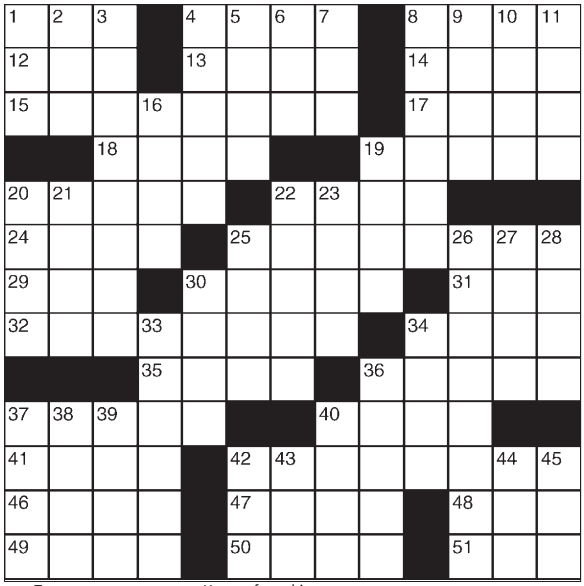
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Crossword



Across

1 Actor McBride
4 Church section
8 Taj Mahal city
12 Baltimore newspaper
13 Hammerhead part
14 "Let's Make a Deal" option
15 Opposites
17 Source
18 Sandwich treat
19 Moment
20 Hearty drinks
22 College VIP, for short
24 Mexican entree
25 Cake enhancement
29 Guitar's cousin
30 Shine
31 Born
32 Represent in words
34 Microwave, e.g.
35 Aspire
36 Intelligent
37 Fix software
40 In the thick of
41 Winged
42 Party guests
46 Bath powder
47 Swerve
48 Agt.
49 Pharaoh's symbol
50 Lancaster foe
51 Firmament

Down

1 Helgenberger series
2 Attila, e.g.
3 Bills
4 — -ski
5 Mexican money
6 Witness
7 Type measures
8 Aimless
9 Slip-up
10 Santa's runway
11 Pretentious
16 Therefore
19 British singer Stone
20 Poker variety
21 Aftermath
22 Investigate
23 Got up
25 Turn over
26 Sci-fi villains, often
27 — -do-well
28 Bloke
30 Rum recipe
33 House of worship
34 Leave out
36 Smug look
37 Information
38 Verve
39 Pitcher's boo-boo
40 State with certainty
42 Wall climber
43 Keanu, in "The Matrix"
44 Comic-strip squeal
45 Bond, for one

▶ Yesterday's answer

G	O	O	F	■	S	O	B	■	S	I	L	L
A	D	A	R	■	I	R	A	■	T	R	I	O
L	O	S	E	■	B	E	L	■	O	O	Z	Y
A	R	T	E	R	Y	■	I	C	O	N	■	■
■	■	■	B	U	L	L	H	A	L	S	E	Y
C	L	A	I	M	■	O	A	T	■	I	R	E
L	O	V	E	■	S	C	I	■	O	D	I	N
U	R	I	■	Y	O	U	■	G	L	E	E	S
B	E	A	R	I	N	M	I	N	D	■	■	■
■	■	T	U	N	A	■	M	U	M	B	L	E
F	E	R	N	■	T	O	P	■	A	R	A	B
E	R	I	N	■	A	I	L	■	I	A	M	B
W	A	X	Y	■	S	L	Y	■	D	E	B	S

Sudoku

	7		4		8		3	
9								5
		4	5		1	2		
	1		9	3	5		7	
	5						9	
	9		8	1	2		4	
		1	6		3	7		
3								8
	6		1		7		2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	8	4	2	6	1	9	7	5
6	9	5	3	7	8	2	4	1
2	1	7	4	5	9	8	6	3
9	2	1	5	3	6	4	8	7
5	4	8	1	2	7	3	9	6
7	3	6	8	9	4	5	1	2
4	6	3	7	8	2	1	5	9
8	5	9	6	1	3	7	2	4
1	7	2	9	4	5	6	3	8

Send a KISS

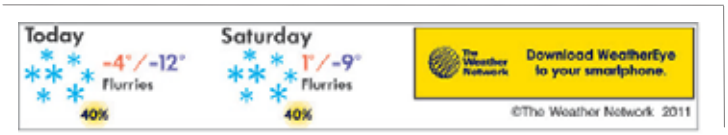
Show some love! Send a note to somebody special at kiss@metronews.ca

Sam, you are an amazing boyfriend I could ever ask for! Rough patches what makes us stronger! I am so greatful to have you in my life ! Love always
YOUR PRETTY MALINE XO

Glenn..You're the star to my burst. My Reese to my cup. The hersey to my kiss. My peanut butter to my jam. Happy 1st V-Day Babe!! ILU!! **NINA**

Ms.Masterson I love you with all my heart and my love will never go away because we share the love of science. Be my valentine.

My dearest Norman, I don't know how to express just how much you mean to me. I fall more in love with you every day and I can't imagine my life without you in it.
ALL MY LOVE TRI <3



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You must figure out a money or business problem of some sort today. Don't let anyone talk you into accepting less than you are entitled to.

♉ Taurus April 21-May 21 You have all the energy you need but that is not an excuse, still less an invitation, to take too many risks. If you try too hard, your efforts to impress someone in a position of power could backfire.

♊ Gemini May 22-June 21 An unspoken fear has been gnawing away at you for ages and it's about time that you dealt with it once and for all. If you face up to it today, it will most likely turn out to be nothing at all. Be brave. Be bold.

♋ Cancer June 22-July 22 You must let rivals know that you are not the sort of person who cracks under pressure. Today's cosmic set-up will give you zero tolerance when it comes to bossy people.

♌ Leo July 23-Aug.23 Forget about trying to impress employers and other authority figures with boasts about all the great things you are going to do in the future and do something right now.

♍ Virgo Aug. 24- Sept. 22 You want nothing more than to be left alone at the moment and if other people know what's good for them, they will give you plenty of time and space. If they don't know what's good for them, they'll soon learn!

♎ Libra Sept. 23-Oct. 23 Why are you so obsessive about something, or someone, that has nothing to do with you? Whatever the reason, you need to break the habit today because it is taking too much of your emotional energy.

♏ Scorpio Oct. 24-Nov. 22 A relationship has reached a turning point and either today or over the weekend you will have to decide whether to take it in a new direction or end it.

♐ Sagittarius Nov. 23-Dec. 21 Focus on the big picture and let other people take care of the little things, even though you could handle them yourself. Time is precious, and your time is better spent on strategic planning.

♑ Capricorn Dec. 22-Jan. 20 Sometimes, you are too cautious. Today, you will go to the other extreme and do something that is a bit radical. Imagine what the consequences might be. Then do it anyway.

♒ Aquarius Jan. 21-Feb. 18 If you don't come to grips with a situation soon it will take on a life of its own and get beyond your control. You've got to forget about the past and create a new future for yourself.

♓ Pisces Feb. 19-March 20 Something will happen today that will make you angry with people in positions of power. Yes, they are taking liberties, and yes, they need to be made aware that it's not right.
SALLY BROMPTON

Caption contest



WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

CHRIS SMITH/ MONGOLIA GARDENS/ AP









Conditions apply. Ex: Halifax. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.

LOOK AGAIN

SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Sussex, England – Even in the countryside, the all-new 2011 Chevrolet Cruze fits right in while still managing to stand out. Even the farmers can't resist giving the Cruze a second look. Perhaps it's time for a new set of wheels fellas.





CHEVROLET

DON'T JUST DRIVE.
CRUZE
The All-New 2011 Chevrolet Cruze.

1. Spot on front-right cow removed 2. Name on side of tractor removed 3. Second tail added to front-left cow 4. Exhaust pipe removed from tractor 5. Brown chicken added near front-right cow 6. 2011 Chevrolet Cruze license plate numbers reversed with letters 7. Hawk added in sky above tree 8. Rock added at side of road behind 2011 Chevrolet Cruze 9. Added spot on left cow 10. Right wooden fence post removed

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WITH **0%** FINANCING FOR **48** MONTHS◊ DEALER PARTICIPATION OF $500 INCLUDED.

HIGHWAY 5.7L/100 KM – 50 MPG*



GL Sport model shown

2010 ELANTRA L • AWARD-WINNING COMPACT

HIGHWAY 5.6L/100 KM – 50 MPG*

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HIGHWAY 5.7L/100 KM – 50 MPG*

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PER 60 MONTHS AMORTIZED OVER 84 MONTHS. $7,238 BALANCE DUE AT END OF TERM. DELIVERY & DESTINATION INCLUDED.

★★★★★ AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING — U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

TOP SAFETY PICK 2011 — INSURANCE INSTITUTE FOR HIGHWAY SAFETY



Limited model shown

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HIGHWAY 6.5L/100 KM – 43 MPG*

STARTING FROM **$19,999♦** WITH **0%** FINANCING FOR **60** MONTHS◊

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Limited model shown

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HIGHWAY 7.2L/100 KM – 39 MPG*

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"The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. ♦Prices for models shown: 2011 Accent 3Dr GL Sport is $15,399, 2011 Tucson Limited is $32,249. Delivery and Destination charges of $1,495/$1,760 registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Finance offers available O.A.C. from Hyundai Financial Services based on new 2011 Accent L 3Dr/2011 Tucson L/2011 Santa Fe models with an annual finance rate of 0%/0%/0% for 48/60/60 months. †Finance offers available O.A.C. from Hyundai Financial Services based on new 2010 Elantra L 5-speed with an annual finance rate of 0% for 84 months. Bi-weekly payment is $80. No down payment is required. Dealer participation of $500 for 2010 Elantra L 5-speed is included. Finance offer includes Delivery and Destination of $1,495. Registration, insurance, PPSA, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2010 Elantra L 5-speed for $14,494 at 0% per annum equals $172.55 per month for 84 months for a total obligation of $14,494. Cash price is $14,494. Example price includes Delivery and Destination of $1,495. Registration, insurance, PPSA, license fees and all applicable taxes are excluded. Dealer may sell for less. Offers may end without notice. See dealer for complete details. ‡Dealer may sell for less. Inventory is limited, dealer order may be required. ▼Fuel consumption for 2011 Accent 3Dr (HWY 5.7L/100KM, City 8.7L/100KM) based on 2011 Energuide rating. Fuel economy figures are used for comparison purposes only. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ^Fuel economy comparison based on combined fuel consumption rating for the 2011 Sonata GL 6-speed manual (7.35L/100km) and 2011 Energuide combined fuel consumption ratings for the full size vehicle class. Fuel consumption for the Sonata GL 6-speed manual (HWY 5.7L/100KM, City 8.7L/100KM)/2011 Tucson (HWY 6.5L/100KM, City 9.1L/100KM)/2011 Santa Fe 2.4L 6-Speed Automatic FWD (City 10.4L/100KM, HWY 7.2L/100KM) are based on EnerGuide fuel consumption ratings. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). The 5-star rating applies to all the trim levels of the 2011 Sonata produced between July 2nd and September 7th 2010. ∞Based on the December 2010 AJAMC report. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions